The Union Baptist Church Newsletter



May 6, 2018

Volume 9, Issue: 3

<u>A DEVOTIONAL</u> FOR MEN ON THE GO

Working with the Amount of Faith You Have

"If you had faith even as small as a mustard seed, you could say to this mulberry tree, 'May you be uprooted and thrown into the sea' and it would obey you!" Luke 17:6 (NTL)

 \mathcal{J} he Lord asks us to have faith. Faith in His promises. Faith in His Son Jesus Christ. Faith in the hope of the resurrection of Christ. Faith in everything He has set forth in His Word.

He asks us to believe without doubting, to ask without stopping, to seek until we find, to knock because the door will be opened, and to pray without ceasing, believing that what we ask for, seek for, knock for, and pray for He will do something about. But God also realizes that sometimes it's tough to believe. Sometimes we feel like Thomas, asking for physical proof of Jesus' resurrection. Sometimes we want to get our finite brains around an infinite God and understand things without having to do it on faith alone.

And usually those times are when we need to have faith even more. Often, it's in those times that the world keeps preying on us and nothing feels right. I've been there. There are days when I appreciate Thomas's assertiveness: "Show me, Lord I need to touch Your hands." There are days when I, too, want to see the nail holes and hear His voice of quiet assurance. There are those days when I just seem to need a little more visible proof to go with the usual dose of faith.

Losing a playoff game. Being fired. Losing a child.

Some are important, some are not so important, but any of them can disquiet us or shake us to the core. Those are the days when I need to remember even more to just hang on, to clutch the faith He calls me to. The disciples had their moments of doubt, and Jesus was standing there, right in front of them. So, I don't feel quite so guilty when I have any moments of doubt. The disciples were struggling on a regular basis, and Jesus told them that it doesn't always take much--it just takes some faith. Even faith as small as a mustard seed.

That's all we need--you and me-- and He'll take it home. AMEN.

UNCOMMON KEY: Christ doesn't call us to understand it all, to see all of God's plan for His Kingdom and our role in it. Instead, He wants us to have just enough faith in Him to continue to follow Him day by day on the path He has set before us. Step out in faith today. AMEN.

> Uncommon Life-Daily Challenge ~~ Tony Dungy and Nathan Whitaker

<u>A MEDITATION FOR EVERY</u> <u>MARRIED COUPLE</u>

Kingdom Couples Enjoy True Peace

"Peace is not merely a distant goal that we seek, but a means by which we arrive at that goal;" --Martin Luther King Jr., from a speech given on February 25, 1967

GOT PEACE? Do we even define that word properly? Though we don't know everything about Priscilla and Aquila's marriage, *peace* might not be the first word to come to mind when considering this couple who actively participated in the work of the gospel while also maintaining their bustling tent business. But there is an obvious unity with the two, who, despite being kicked out of Rome, willingly faced danger by harboring Paul, whose radical teachings about Jesus kept him on the authorities' radar. The couple hosted their own home churches, advised those new to Jesus' teachings, and when Paul and others arrived in their town, offered hospitality and help. They were clearly committed as a couple to furthering the gospel as part of the persecuted but growing early church. Can you face true stress like these early-church heroes and still remain in peace?

Paul's challenge to "preserve the unity of the Spirit" is complemented by his statement that this unity of the Spirit exists "in the bond of peace" (Ephesians 4:3). Paul's concept of peace here is much broader than our modern definition--an absence of conflict or a feeling of harmony. Paul is likely pointing here to the Hebrew concept of *shalom* defined as wholeness, health, and well-being. Shalom is more than just peace between two parties; it implies the overall health and balance of an organism. So, when we preserve the unity of the Spirit, the outcome is a healthy, balanced marriage atmosphere in which to fully live out and experience the abundant life.

A healthy marriage is a unified marriage, where the presence and work of God's Spirit transcends our individual differences. Satan seeks to disrupt unity in order to bring about disorder that ultimately leads to chaos. But like Priscilla and Aquila, unity and peace can help you and your spouse navigate well even the most risky of challenges. AMEN.

APPLICATION

- 1. How do you define peace?
- 2. How can you enjoy peace even in stressful times?
- 3. What are some ways you can preserve peace during trying times.

PRAYER: Lord, You are the God of all peace. Thank You for providing us with Your perfect peace when we seek You. AMEN.

Kingdom Marriage Devotional ~~ Dr. Tony Evans



DEVOTIONAL FOR SINGLES

Where Would Jesus Be?

He said to them, "Why is it that you were looking for Me? Did you not know that I had to be in My Father's house?" Luke 2:48 (NASB)

It's the only patch of Scripture that really gives us any window into Jesus' life as a child. And strikingly, it's a mother's worst nightmare. *Her son was missing*.

Following their attendance at the Passover Festival, Mary figured Jesus was probably in safe company with others in the caravan headed back home. Instead, He was nowhere to be found. Imagine the maddening thoughts that went through her mind, convincing her with each step that the worst must have happened. Picture how desperate she was to see that face again, to run and embrace her missing son, to hold on to what she thought she'd lost.

Twenty-four hours soon turned to forty-eight, which ballooned to seventy-two. It had been almost a hundred -- now--four days since she'd seen Him--a full day walking away from Him unknowingly, and three days looking high and low, backward and forward, calling out for Him and asking people if they'd seen Him. And yet she still didn't know where He was, or where else to look for Him.

But then, finally, she caught a glimpse of Him among a knot of religious teachers in the temple, "listening to them and asking them questions. And all who heard Him were amazed at His understanding and His answers" (Luke 2:46-47).

Mary was amazed as well. Astonished and relieved, I'm sure. This child she thought she'd lost through her negligence was back within reach, a sight for a panicked mother's eyes.

There He was--engaged in the fundamental calling that she (more than anyone else) knew He was here to perform. "Did you not know," He'd asked her, "I had to be in My Father's house (v. 49)?" No, but...yes. Somehow, she did. Or should have. Why hadn't she searched there sooner?

And maybe I'd ask the same thing to you today, if you were unable to find Jesus lately amid the ongoing rhythms of your life, to feel His presence with you, to sense His voice, His power, His guidance, His direction, His peace. No need to look high and low, in out-of-the-way places, in unusual circumstances or New Age ideologies. He is always there in the places and spaces where He has eternally promised to meet with us--in prayer, in His Word, in your heart. Every time you bend your humbled knees before Him, He is there. Every time you soak in His love letter to you, He is there. Every time your soul dances to the lilt of His Spirit within, there He is. Closer than you think. Right where He told you He'd be. AMEN.

"You will call upon Me and come and pray to Me, and I will listen to you. You will seek Me and find Me when you search for Me with all your heart." AMEN. Jeremiah 29:12-13 (NASB)

> Awaken ~~Priscilla Shirer

TEEN'S CORNER

BETTER THAN GPS

"Lord, I know that people's lives are not their own: it is not for them to direct their steps." Jeremiah 10:23 (NIV)



I have a GPS on my phone, but I rarely use it. I usually

tend to think I know where I'm going, even when I don't. For the most part, every time I do use the GPS, it's because I've already tried finding something myself but have managed to get lost. When I finally type the destination into my phone, the first question that comes on the screen is this: "Directions from current location?" In other words, "Do you want to start where you are?"

The answer to that question seems obvious enough, right? Of course, I want to start from here. I'm not even sure where "here" is, but I'm confident that I want to start from here. And as soon as I answer that question affirmatively, the GPS begins calculating my route--not from where I started before I lost my way, not from the direction I should be headed or from a point farther along my journey, but from right where I'm currently located.

So why does such an obvious answer *physically* seem to elude people *spiritually*? I've discovered that the most common reason people give for not following Jesus is that they want to get their lives together first. They want to get a few things squared away or take care of some personal issues. They want to start their journey from somewhere else than where they are currently located.

When Jesus invites you to follow Him, He wants you to start right now from your current location. You don't have to go back to where you started. You don't need to get a little closer on your own. He reaches out to you with grace and love and invites you to follow Him. Feeling weak? Depend on his strength. Trapped in sin? Find freedom in his endless mercy. Been down this road before? Know that He is still patiently waiting for you to come home. Lost? Trust His directions. Jesus wants you to start following Him from right where you are--and He wants you to start right now. It promises to be an incredible journey. AMEN.

Following Today

Describe your current spiritual location. Far from home? Lost off-road somewhere? Closer than you've ever been? Write out a prayer committing to follow Jesus wherever he leads. Affirm your desire to follow Him, right now, from right here. AMEN.

> Not a Fan. Daily Devotional ~~Kyle Iddleman

DEVOTIONAL FOR SENIORS



SMILE!

"A glad heart makes a cheerful face." (Proverbs 15:13)

How would you like to reduce stress, lower blood pressure, strengthen the immune system, increase energy and appear more attractive all in one easy step? Just smile! These are only a few of the health benefits known to researchers. Your smile is a special gift you can bestow on anyone. And it's good for you, too! Most people will happily return the smile to you, but others may have questions. 1 Peter 3:15 encourages us to be "…prepared to make a defense to anyone who asks you for a reason for the hope that is in you." It's your big chance to give all the credit to God. Your explanation might be as simple as "Jesus loves me!" or "God made a beautiful day!" But always be ready to share even more … and start a chain reaction of blessings!

Lord, enable me to reflect the love and joy you put into my happy heart. Amen.

How many smiles will come back to you today?

Hope-full Living Daily Devotions

~~Sharolyn Sander

Prayer for Easing of Stress and Anxiety

Submitted by Sis. Elsie Pierre

Lord, there has been too much change in my life recently, and I feel overwhelmed. Because I try to be a responsible person, I sometimes forget that it is unwise for me to allow my sense of duty to override my common sense.

Lord, help me to allow myself more time to rest, relax, and pray. Guide me toward something spiritual to read every day and a quiet time afterwards to reflect on what I have read and how it pertains to my life. I truly want to simplify my live and live more as You did. Help me remember that there is no loss or problem I must face alone. You are always near, with Your love and compassion to comfort me. Amen.

~~Author Unknown

Prayer for Health

Submitted by Sis. Elsie Pierre

Lord, I thank You for the blessings of good health that I and those dear to me have enjoyed. May we continue to experience health in every aspect of our lives. Restore physical health to those of us weakened with illness, peace to those troubled with worry and comfort to those discouraged with problems.

Help us find in the days of our strength a faith and trust in You and a love for one another to guide us through any health challenges we may face now or in the future. Amen.

~Author Unknown

A Sweet Lesson in Humility

Submitted by Sis. Ruth Phillips

Years ago, a 10-year-old boy approached the counter of a soda shop and climbed up on a stool. "What does an ice cream sundae cost?" he asked the waitress.

"Fifty cents," she answered.

The youngster reached deep into his pockets and pulled out an assortment of change, counting it carefully as the waitress grew impatient. She had "bigger" customers to wait on.

"Well, how much would just a plain ice cream be?" the boy asked.

The waitress responded with noticeable irritation in her voice, "thirty-five cents".

Again, the boy slowly counted his money. "May I have some plain ice cream in a dish then, please?" He gave the waitress the correct amount, and she brought him the ice cream.



Later, the waitress returned to clear the boy's dish and when she picked it up, she felt a lump in her throat. There on the counter the boy had left two nickels and five pennies. She realized that he had enough money for the sundae but sacrificed it so that he could leave her a tip.

The moral: Before passing judgement, first treat others with courtesy, dignity and respect.

Adapted from A Lifetime of Success ~~Pat Williams & Fleming H. Revel



A Little Humor for the Christian Soul

<u>Today's Hymn</u>

Reverend Clive Morgan was completing his sermon in St John's Church about the dangers of alcohol and the need for moderation and temperance.

He announced at the end of the sermon in a loud, clear voice, 'If I had all the beer in the



world, I'd take it and throw it into the river.' With even greater emphasis he added, 'And if I had all the wine in the world, I'd take it and throw it into the river.' Finally, he

intoned in an extremely serious manner, 'And if I had all the whiskey in the world, I'd take it and throw it into the river.'

The Reverend Morgan then sat down. Jerry, St John's leading chorister stood up and announced with a smile, 'For our closing hymn this Sunday, let

us sing together hymn number 109: 'Shall We Gather at the River.'

Poor Sick Boy

Marty, a little boy, was in church one Sunday with his mother Doris, when he started feeling sick.

'Mummy,' he inquired, 'can we leave now?'

'No,' his mother replied, 'the service isn't over yet.'

'Well, I think I'm about to throw up.' Marty announced.

'Then go out of the front door and around to the back of the church and throw up behind a bush.' said Doris.

After about sixty seconds, Marty returned to his pew, alongside his mother.

'Did you throw up?' Marty's Mum asked quietly. 'Yes,' Marty answered, embarrassed. 'How could you have gone all the way to the back of the church and returned so quickly?' Doris demanded.

Humor ... Continued

'I didn't have to go out of the church, Mummy. They have a box next to the front door that says, *For the Sick*.'

<u>Unusual Burial</u>

A recently ordained pastor, Rev. Henry, was to hold his first ever graveside burial service at a pauper's cemetery for a destitute man with no family or friends.

Rev. Henry, not knowing where the cemetery was, made several wrong turns and got lost. He eventually arrived an hour late, the hearse was nowhere in sight, the spade was next to the open hole, and the workmen were sitting under a tree eating lunch.



Rev. Henry, being a reliable young pastor went to the open grave and found the vault lid already in place. Feeling guilty because of his lateness, he preached an impassioned and lengthy service, sending the deceased to the great beyond in considerable style. As the good pastor returned to his car, he overheard one of the workman say to the other, ' Do you know, fancy that, I've been putting in septic tanks for twenty five years and I ain't never seen nothing like that.'

Board Meeting

Preaching When Your Audience Doesn't Know How to Pay Attention



'There will be a meeting of the Board immediately after the service,' announced Reverend Morris. After the close of the service, the group gathered at the back of church for the announced meeting. However,

there was a stranger in their midst. He was a visitor who had never attended their church before.

'My friend,' asked Reverend Morris, 'did you understand that this is a meeting of the Board?'

'Oh, yes,' came the rejoinder from the visitor, 'and after that sermon, I'm about as bored as you can get.'

http://www.guy-sports.com/months/funny_christian_jokes.htm

MANNERS AND ETIQUETTE:

HONOR OTHERS with **BOUNDARIES**

Working Definition: In our last newsletter we printed an article on *Conflict, Compliments, and Criticism.* We hope that you read and were helped by it! The principle we present this issue is on BOUNDARIES. So what are boundaries? *They are mental, emotional, or physical constructs that define or limit the area in which one is willing to be present. The space or area in which one works, lives, or desires to be.*



Commentary on Boundaries

(Read the story below and let the Holy Spirit guide you. This is about habitual behavior.)

Che was drunk, calling me, to borrow money again. I knew she wasn't working. I knew she had no place else to turn. I also knew that this could not go on forever. She could not stay drunk and dysfunctional forever, and I could not support a grown woman forever. She was, after all, just a friend. She was not a child or a family member. If that were the case, there may be some more responsibility on my part. Perhaps I could justify doing it then; but not now. Not under these circumstances. People have to learn to take care of themselves. They have to learn that they are responsible for their own lives. If your life is not working, whose responsibility is it? What are we supposed to do when those around us cannot seem to get it together? How much is too much? How long is too long to give and care and support somebody else? Just thinking about it made me mad. The funny thing is I was mad at myself for overstepping my boundaries and getting myself involved in someone else's life that was doing more harm than good.

An acquaintance once told me, "When you don't have boundaries in your life, people will inject themselves into places in your life where you do not want them, and where they have no business being. Boundaries are like drawing a line in the sand and saying, beyond here I will not go and you cannot come. The key is to be very clear and very committed to what you are willing to do if the line is crossed." On the day he said that to me, I had come to the stark realization that my life had been like a big picnic ground, with everyone and everything all mixed together. Strangers were in my kitchen and my bedroom. Family members were rummaging through my very personal things. Business, social, personal relations were all entwined. Everybody knew everybody else, and everybody had something to say about everything. People were running amok in my life, and there seemed to be nothing I could say or do about it. There were no boundaries.

As I reflected on my personal situation, I could see it was a reflection of how I fit into the lives of others. I knew very personal details about the people who worked for me and with me. I knew far too much about people I associated with on a business or professional level. It wasn't just that I knew so much about so many people, I was actually involved in the intimate workings of their lives. When I wasn't giving advice, I was lending money. When I wasn't lending money, I was helping somebody out of or into a situation that had absolutely nothing to do with me or a calling on my life. Yes, you are expected to help people when you are able. Yes, you should share resources, exchange information, support those who need support. But when you do, you let go and allow people to figure it out for themselves? If you keep doing for people what they must learn to do for themselves, they will never learn to do it. This does not honor people. It does not honor you.

Boundaries (Continued)

I had always been a caretaker. As a child, I took care of my aunt when she was sick from hypertension or depressed over her wayward husband. As a teenager, I took care of my stepmother when she was emotionally distraught over the lack of attention paid her by my father. As an adult, I took care of three children, a chemically addicted brother, a philandering husband, and a host of girlfriends who had the same or similar problems. Taking care of someone meant fixing whatever was wrong. If I could not find a way to fix it, I considered it my job to find someone else to fix it. If both of those efforts failed, it then became my job to defend or protect the aggrieved party. As a result, I was always involved in a dramatic production that had few if any positive effects on my own life. I used taking care of people as a clever disguise for not setting boundaries.

My caretaking efforts were not without a goal. As long as I was taking care of you, I was in control. Secretly, I was a control freak; I needed to know what was going to happen, when it was going to happen, how it was going to happen, and the role I would play in the happening. By taking care of people, I was in control of what they did to me, how they did it, when they did it, and if they did anything at all. I called the shots, which meant I could not be hurt, I could be used and manipulated, but that's different. When you are taking care of people, you are afforded the opportunity of seeing people at their worst, which usually meant they were in worse shape than you. I had a covert investment in seeing other people stay there. As caretaker, I got the chance to see people when they were weak, which meant I was not so weak. It's strange how being around weak people makes you feel stronger, even when you do not believe you are strong. Taking care of and being in control of the lives of other people takes time, energy, and attention away from things you really need to deal with, including yourself. However, in order to take care of yourself, you must have boundaries.

If I lent her the money again, she would not pay it back again, which means I would be very upset with her again. Where there are no boundaries the same bad decision has an opportunity to be repeated. I had too much to do. I did not need to be upset with myself or anyone else. If I did not make a statement about how her drinking was affecting our relationship this time, she would think that what she was doing was okay next time. Most important of all, I realized, this had nothing to do with an inebriated woman, crying about being put out of her townhouse. This was about my need to honor her choices and honor myself. I did not feel good about giving her the money, and if she were sober, she would probably not feel so great about asking me for it.

We needed boundaries in our lives and in our friendship. It was on me to draw the line in the sand. "I do not feel good about you when you drink to the point where you are at right now. When you are like this I would appreciate not hearing from you. I also don't feel good about the coincidence of your being drunk and needing to borrow money for some essential part of your life. So let us establish that I am your friend. I am here for you if and when you need me. However, let that need not be tied to you taking care of your basics. Rent is a basic. Food is a basic. Getting to work on time is a basic. If you want to go shopping or on vacation, call me. I'll go with you, or I'll lend you the money to go alone. You take care of your basics, and I, your friend, will support you in getting *some of the frills*.

One Day My Soul Just Opened Up ~~Iyanla Vanzant

INFORMATION & ANNOUNCEMENTS FOR SUNDAY, MAY 6, 2018



HAPPY BIRTHDAY WISHES TO EVERYONE BORN IN THE MONTHS OF MAY AND JUNE

UBC COMMUNICATION CARDS: Anyone worshiping with us today and "making a decision for Christ" by using one of our UBC Communication Cards found in the pocket of the pews, is <u>encouraged</u> to <u>follow-up your</u> <u>decision TODAY</u>, by contacting REVEREND ALVIN L. WYATT, Minister of Christian Life and Witness at (513) 381-<u>3858</u>. When calling, please leave your name, the spelling of your name, the date and time of your call, and, most importantly, <u>a telephone number where you may be reached</u>. Reverend Wyatt will be in touch with you, as quickly as possible, after receiving your telephone call, as to the next steps regarding your decision(s) for Christ. GOD BLESS YOU.

INTERCESSORY PRAYER MINISTRY: For the convenience and support of the Union Baptist Church membership and our guests, a Prayer Request Box with forms is available in the vestibule leading into the Sanctuary. Please feel free to place your prayer request(s) in the box at any time. Our prayer partners stand ready to pray with you, and for you. Thank you, Intercessory Prayer Ministry Team.

NEED A RIDE TO SUNDAY SCHOOL OR 10:25 A.M. WORSHIP SERVICE? If you are in need of a ride to Church, please call (513) 981-0423 and leave your name and your telephone number. If you are interested in becoming a driver on Sundays, (van/mini bus) please call Deacon Ted Craig at (513) 521-2393. YOU MUST POSSESS A CDL LICENSE TO DRIVE THE MINI BUS. GOD BLESS YOU.

MEN'S FELLOWSHIP AND BIBLE STUDY ON TUESDAYS AT 7:00 P.M. Be Decisive: Taking A Stand for the Truth by Dr. Warren W. Wiersbe and Authentic Manhood: A MAN AND HIS FATHERHOOD (with DVD) - By Dr. Robert Lewis. What a blessing that awaits all who participate! ~~ Pastor Yates

WEDNESDAY NOON DAY BIBLE STUDY: <u>Be Decisive: Taking A Stand for the Truth</u> by Dr. Warren W. Wiersbe and <u>Recovering Redemption: How Christ Changes Everything</u> with DVD – By Matt Chandler. A light lunch is served. Remember all are welcome and we will be blessed by your presence. ~~Pastor Yates

WEDNESDAY EVENING PRAYER SERVICE AND BIBLE STUDY AT 7:00 P.M.: Be Decisive: Taking A Stand for the Truth by Dr. Warren W. Wiersbe and Recovering Redemption: How Christ Changes Everything with DVD, by Matt Chandler. All are invited to pray and study with us. ~~ Pastor Yates

DEACONS MINISTRY: The Deacons Ministry will have a meeting on Monday, **May 7th at 7:00 p.m.** in the Page Archives Library. **Please have your updated monthly Family Ward Reports.** ~~Pastor Yates

UNION WORSHIPS AT ST. MARK MISSIONARY BAPTIST CHURCH ON JUNE 3, 2018 AT

<u>4:00 P.M.</u>: The congregation of Union Baptist Church is invited to worship at St. Mark Missionary Baptist Church, located at 2365 Compton Road OH (45231), for the Pastoral Anniversary of Reverend Dr. Cecil Ferrell. Pastor Yates will preach and the Music Ministry and Usher Ministry are asked to serve. Thank you and God bless.

<u>VBS MEETING ON MAY 17, 2018</u>: A Vacation Bible School meeting will be held for teachers and helpers on Thursday, May 17th from 5:30 p.m. to 6:30 p.m. We are in need of teachers, assistant teachers, helpers, craft leaders, church musician and snack coordinator. If you are unable to attend the meeting and would like to volunteer at VBS, please contact Dea. Donald Darby.

<u>VBS 2018</u>: Vacation Bible School for all ages will be held June 4-8, 2018 from 6:00 p.m. to 8:00 p.m. This year's theme is "24/7- Jesus Makes a Way Every Day". The scripture is, "I came that they may have life and have it more abundantly". (John 10:10, NRSV). The Annual Church Family Picnic will follow on Saturday, June 9, 2018. Please see the flyers on pages 13 and 14. ~~Dea. Donald Darby, VBS Principal

<u>PURPOSE DRIVEN YOUTH MINISTRY (PDYM) UPDATES</u>: On Saturday, May 19, 2018, the Purpose Driven Youth Ministry will initiate a Mission Outreach Project in the City West area. The

time and specific location will be announced. Also, we are planning a **skating outing** after the mission event on the same day.



Youth Sunday is May 20, 2018. Our theme is "Being Young and an Example," 1 Timothy 4:12. Our youth will lead worship during the 10:25 a.m. service and Rev. Emanuel Marshall will preach. After worship service PDYM will go out to eat and fellowship. ~~Rev. Alvin Wyatt, PDYM Minister

MEN'S PRAYER BREAKFAST ON JUNE 16, 2018: The Men's Prayer Breakfast will be held at Union Baptist Church in Hayes Hall on Saturday, June 16th from 9:00 a.m. to 11:00 a.m. Come out and hear the testimonies from the Deacons of Union. All are welcome.

ANNUAL MEN'S DAY WILL BE OBSERVED DURING THE 10:25 A.M. WORSHIP SERVICE ON JUNE 17, 2018. Our colors are blue and gold and all Men of Union are encouraged to pay your Men's Day

JUNE 17, **2018**. Our colors are blue and gold and all Men of Union are encouraged to pay your Men's Day 2018 assessment of \$100. Please see the Men's Day flyer on page 15 for additional information. **Bro. Charles Harris, Men's Day 2018 Chairperson** and **Dea. Ricardo Bell, Men's Day 2018 Co-Chairperson**

THE VESSELS OF PRAISE DANCE MINISTRY WILL CELEBRATE THEIR 5TH ANNIVERSARY WITH A WORKSHOP AND CONCERT: The workshop will be held on Friday, June 29, 2018 and Saturday, June 30, 2018 and the concert will be on Sunday, July 1, 2018. Please see the flyer on page 20 for additional information.

187th CHURCH ANNIVERSARY WILL BE OBSERVED ON JULY 15, 2018 at 10:25 A.M.: More information about the church anniversary will be forthcoming. ~~ Bro. Robert and Sis. Kimberly Young, 187th Church Anniversary Chairpersons

ATTENTION UNION: DID YOU KNOW THAT YOU MAY CONTRIBUTE YOUR TITHES AND OFFERINGS VIA PAYPAL? You may submit your payments via PayPal, even if you do not have a PayPal account. If interested, you may access PayPal on the UBC website. Just go to www.Union-Baptist.net and select the PayPal link. Thank you.



God Bless Your Loving Heart: "Thank you for being someone who shares the light of God's love in so much that you do, and in so many special ways." I thank all of you for your prayers. **~~ Sis. Michelle Barnes**

There is a way of selfless serving that has a special greatness. Though often overlooked by man, it will never be overlooked by God: "Thanking Him for you." Thank you Union, all of you, my Father's children. ~~ The Johnson Family

A MEMORIAL TRIBUTE

The Streets

Lawana T. Luck ©

 \mathcal{J} hat pavement that lies beneath us, It often teaches us about the ways of life. The many directions they may go Being to or from, One may never know. They could be the fate or lead to destiny. At times they set those free who are in need to relieve their mind, To catch up with time; get reacquainted with this foundation, That houses many nations to study war no more. Take to them with wisdom and they will lead, Their paths connect to places mostly known by faces. But try another route Memories are held between them, From independence to rehabilitation Most don't even see them!

 \mathcal{J} hey try to do the best that they can, Some won't lend a helping hand to maintain them so, They begin to break up, Going to places where there are no roads, Watch out for potholes! But don't complain Because from the high view They were important to, Until they had to be walked or driven, And still...They produce some of the highest ways. They say goodbye in ways That has crossed many tough nights and days, Trying to find a place to call home Or just to get along!



Lawana T. Luck August 8, 1974 — March 10, 2018

~~Lovingly Submitted by Lawana aka Redd



"I Came That They May Have Life And Have It Abundantly." John 10:10, NRSV

Vacation Bible School is for all ages!

Children, youth, and adults will have fun discovering that abundant life is based on a strong faith foundation, sharing in community, seeking justice, persistent prayer, and the forgiveness and love of Jesus Christ. There will be lots of crafts, music, snacks and Bible training to inspire everyone.

> Where: Union Baptist Church 405 W. 7th Street Time: 6:00 to 8:00 p.m. Date: June 4-8, 2018

TRANSPORTATION PROVIDED – PLEASE CALL ONE DAY IN ADVANCE (513) 981-0423

MEN'S DAY WORSHIP CELEBRATION

Sunday, June 17, 2018 10:25 a.m.

THEME: "We're on the Battlefield"

SCRIPTURE:

"Therefore, prepare your minds for action." (1Peter 1:13)



Judge Fanon A. Rucker (Allen Temple AME) Men's Day 2018 Guest Speaker

Souvenir Booklet Ads are as follows: full page (\$100); ½ page (\$50); and ¼ page (\$25). Deadline to submit ads: <u>5/31/18</u>

Union Baptist Church

405 W. Seventh Street Cincinnati, Ohio 45203

Dr. Orlando B. Yates, Pastor Brother Charles Harris, Chairperson Deacon Ricardo Bell, Co-Chairperson

UNION BAPTIST CHURCH SCHOLARSHIP MINISTRY

It is time to celebrate the Graduation Class of 2018!

High School Graduates

Bro. Jamari Gay-Shabazz Bro. Demetrius Hyneman Sis. Amberlyn Marshall Sis. Aaliyah Mazion-Yates Bro. Elijah Peppers Sis. Faith Roberson

College Graduate Sis. Donna Johnson

Congratulations to our 2018 Graduates!

This year we will honor our graduates on Recognition **Sunday, June 24, 2018** as a part of our **10:25 a.m. worship service**. If you know of any additional members who will be graduating from high school or college, please see Sis. Louise Stevenson or leave a message at the church office at 513-381-3858.

This year we are asking each member for a donation of \$30.00 for the Union Baptist Scholarship fund. Additionally, if you are interested in giving a scholarship it would count as added joy for our scholars. We again salute our previous donors and hope they will find it in their hearts to continue giving.

Scholarship Ministry: Sis. Carol Cargile, Sis. Gwen Hall, Sis. Rogena Stargel, Sis. Donnetta Johnson, Sis. Raven Spratley, Rev. Alvin Wyatt and Sis. Louise Stevenson



MESSAGE FROM THE SUNDAY SCHOOL SUPERINTENDENT

Greetings Union:



On behalf of the UBC Sunday School, we want to thank everyone for participating in the

annual Easter program. A special thanks to Sis. Carol Cargile and Rev. Emanuel Marshall, who coordinated the children's presentation; also, we thank Sis. Annette Bell, and Rev. Alvin Wyatt, who coordinated the teenager's portion of the program. Thank you to both the Sunday School and Children's Church staff for your participation.

We also want to thank Sis. Tristian Cargile, and the praise dancers for their wonderful performance.

As Sunday School Superintendent, I would like to leave you with this message:

It is my prayer that parents will not forget what the youngsters learned, leading up to the Easter program. It is very important that our children continue to build on what they learned; that Jesus Christ is the answer when they are facing difficulties in life. I would encourage everyone to start making Sunday school a part of your regular worship routine.

May God bless each of you and your families.

Dea. Ernest Norman/Superintendent Dea. Donald Darby/Assistant Superintendent

FOOD PANTRY: The Food Pantry Ministry was blessed to serve **29 families** in March and **29 families** for February. ~~**Sis. Monica Ray, Ministry Leader**

THE CITY GOSPEL MISSION OUTREACH MINISTRY: The schedule of the longstanding participation of Union Baptist Church Ministers began with Reverend Shawn D. Pate, is as follows:

May 26, 2018	Reverend Emanuel Marshall	Preaching at 7:30 p.m.
June 23, 2018	Reverend Alvin Wyatt	Preaching at 7:30 p.m.
July 28, 2018	Reverend Barry Hixon, Jr.	Preaching at 7:30 p.m.

Union is asked to pray for and support, in every way possible, **our Associate Ministers** as they serve at City Gospel Mission. The City Gospel Mission is located at 1805 Dalton St., 45215. Thank You. ~~Pastor Yates.

PEOPLE OF JAMAICA ARE IN NEED OF YOUR USED EYEGLASSES: A receptacle is in the vestibule for your eyeglass donations. Thanking you in advance for being a blessing to others. If you have any questions please contact ~~Sis. Doris Walker.

Men's Ministry

My fellow brethern of Union Baptist Church:

I realize now I may have asked too much of you to read the whole book of Proverbs. So I'm asking you just to read Proverbs, chapters 1 and 2, and share what you discover with your little ones.

Deacon James E. Darby Men's Ministry Leader

UNION FOUNDATION

Do you like to shop? Do you also have a desire to support the mission of The Union Foundation? Do you know that you could combine these two desires to assist The Union Foundation?

The Union Foundation has partnered with the **Kroger Company** and **Amazon** to receive donations from these companies for purchases made by customers who have selected The Union Foundation as the supported charitable organization. There is no cost to the customers for registering for these programs.

To register your Kroger purchases for this program, you will need to provide a copy of the reverse side of your Kroger Card to Sis. Jaci Powell. She will register the card with the Kroger Company.

To register for the Amazon program, please go to **smile.amazon.com**. Please select The Union Foundation as your designated charity. Then go shop!

The Union Foundation thanks you for your support. Should you have any questions, please see **Sis. Jaci Powell**, Director of The Union Foundation or **Dea. Darrell Phillips**, Chairperson of The Union Foundation.

MEDIA MINISTRY



The Media Ministry is open for orders of DVD and CD. If you would like a CD or DVD of a worship celebration, please submit a written request to Sis. Carolyn Davis which identifies the date of the service.

Are you interested in audio-video recording? Do you have skills which could be utilized in either the library or media ministry? If you answered yes, then the Media Ministry invites you to join them as they spread the Lord's message through the UBC Library, WCVG and the Cable TV network. Please see Sis. Carolyn Davis if you wish to serve in this ministry.

The Media Ministry is in need of donations to support the ministry. **Donations of blank CDs, blank DVD's, AAA batteries, AA batteries and a video camera would be greatly appreciated.** Please contact **Sis. Carolyn Davis** for further information.



WOMEN'S DAY 2018

Attention Women of Union: Sis. Denise Harris and Sis. Felicia Mazion-Bryant are pleased to announce their plans for Women's Day 2018. The theme for 2018 is: *"I Am My Sister's Keeper."* The theme is based on Ruth 1:16-18. Colors are red and pink.

Sis. Harris and Sis. Mazion-Bryant request that you save the date for the following event:

Sowing the Seeds - September 8, 2018

Members will come together for a special praise and worship celebration.

The Women's Day assessment is \$100.00. Incremental payments of the assessment may be made throughout the year. You may include your assessment in your offering envelope and please designate Women's Day on the outside of the envelope. Please be prayerful and do your best.

WOMEN'S MINISTRY BOOK STUDY

The Women's Ministry will be studying the book, <u>A Mary's Heart in a Martha's World</u>. The date and time is being rescheduled. More information is forthcoming. You may obtain a book from **Amazon.com or see Sis. Stevenson to purchase a book for \$5.00**, if still available.

PROJECT TO FEED THE HOMELESS

The Vessels of Praise Dance Ministry is pleased to announce that in support of the UBC Food Pantry Ministry they will be collecting non-perishable food items that will be boxed and distributed to the homeless. The initial goal is to prepare 100 boxes. If you are interest in assisting the Vessels of Praise with this ministry initiative, you may do so by providing non-perishable food items to a ministry representative. Suggestions of the type of individually wrapped food items needed are as follows:

Crackers	Nuts	Raisins	Craisans
Tuna packets	Peanut Butter	Jelly packs	Snap-Off Cans of Fruit
Sm. Box of cereals	Canned Meats	Cookies	Condiment packs
Granola bars	Power Bars	Trail Mix	Beef Jerky
Dried Fruit	Ready to Eat Meals with Snap-Off Lids		Cheese/Peanut Butter Crackers
8 oz. bottles of water	Juice packets		

Please contact Sis. Donnetta Johnson if you have any questions.



The Union Baptist Church Women's Ministry extends its congratulations to the Proverbs 31: Vessels of Praise Dance Ministry on the occasion of the ministry's 5th Anniversary. To God be the glory for the great things He has done. Sis. Tristan Cargile and Sis. Carol Cargile have a wonderful event planned in honor of their 5 years of service to the Lord.

PRAISE IS WHAT I DO!! Workshop and Concert

The Vessels of Praise Dance Ministry will host a workshop on Friday, June 29, 2018 and Saturday, June 30, 2018. The workshop will include present members of the Proverbs 31 dance ministry, past members of the Glory Girls, as well as dance ministries from other churches throughout the community. The workshop will feature guest speakers, breakout sessions on liturgical dance, mime, use of flags, banners and streamers. There will be a fashion show and vendors. Meals will be provided.

On Sunday July 1, 2018, the workshop weekend will culminate in an afternoon worship celebration which will feature the UBC Praise Dance ministry, UBC choral groups and guest dance ministries.

A \$5.00 fee will be assessed of each workshop participants. The workshop fee will be used to defray the expenses of this event. If anyone is interested in helping to underwrite the additional cost of this event, you may either contact Sis. Carol Cargile or place an offering in your offering envelope with a designation of Vessels of Praise Dance Ministry marked on the outside of the envelope. Please see either Sis. Tristan Cargile or Sis. Carol Cargile if you wish to volunteer your services during this weekend.



Africa Tour 2018: SOUTH AFRICA—BOTSWANA—ZIMBABWE

God will grant you the desires of your heart in His perfect time and His perfect will. I thank God for the



opportunity to take a 14-day tour to 3 countries on the continent of Africa: South Africa, Zimbabwe and Botswana. This tour with Mahogany Vacations and Tours was unbelievable, our people, our culture, the land and the animals. Cape Town, the mother city, is South Africa's most beautiful and visited city. 80 % of the people are Christian. Most of the city downtown and stores were closed on Sunday. So, on my first day I attended Arch Bishop's Desmond Tutu's church and had communion along with the new President of South Africa, Cyril Ramaphosa.

There were many highlights including the national celebration and parade honoring Mandela's 100th birthday; followed by a visit to Robbin Island where Nelson Mandela was in prison for 27 years. Mandela's story is so much more than we could ever comprehend from Prince in his tribe, (next to be King) -- to Prisoner-- to President of his nation, South Africa. What a journey! We visited many museums including The Six District, where we traced the material and cultural heritage of the indigenous people back to their earliest origins. We learned the tragic story of racism and prejudice in a part of South Africa history, an emotional visit.

Next on to the beautiful white sand beaches and the penguin reserve where you could swim with the penguins. We visited the southernmost point in Africa, the Cape of Good Hope, where we witnessed the amazing view of where the Atlantic and Indian Ocean meet. There were lots of clashing of waves with shades of blue and green ocean water.

In Zimbabwe, which is a developing country, we visited the Victoria Falls which is the largest waterfalls in the world. We stayed at a beautiful Victoria Falls estate that was built for British royalty, back in the day. The Estate was eloquent but warthogs, African wild pigs, played on the front lawn all day long. Hummmm! The warthogs travel in packs, WE DID TOO!





In Botswana, the 3rd country we visited, we went on 3 Safaris, at dawn, in the late evening and on the river. We stayed in a magical setting @Chobe Safari Lodge. In Zimbabwe and in Botswana, we slept with large white nets over our bedding to protect us from mosquitoes. We sprayed our body with lots of Skin So Soft to. This was different; however, the baboons were the real story. Seven baboons climbed up to our second-floor balcony to play. We heard the noise, we opened the curtains then screamed. Of course, we did not go out on our balcony nor did we

go swimming in the three-tier pool since the baboons were enjoying their swim. It was clear; I was really in the motherland, elephants, alpacas and baboons, have the right-of-way when crossing the highways. Lioness and their cubs laid quietly in the grasslands, sightings of water buffaloes, giraffes, hippos and alligators. Let's not forget the vultures and the sounds of other nocturnal animals. All animals were respected and valued in their environments. All amazing sites.

Africa Tour 2018 (Continued)

Johannesburg is the heartbeat of South Africa. As beautiful as Johannesburg is, we also visit the ugly reality



of life in the townships including Soweto the most densely inhabited black urban residential area in the world. It is infused with the history of the fight against apartheid and a buzz with energy of cultural awareness. Soweto is where Mandela lived in a tiny, four roomed 'matchbox' house across the street from Desmond Tutu, anti-apartheid cleric. The tour of Constitution Hill (South Africa's Supreme Court) was fascinating, often tragic, the story of South Africa's history, in which injustices abound on social, cultural and political levels. However, it also tells the victory as

South Africa won back its freedom that now protects the rights and dignity of each citizen.

And finally, aha moments and some things to ponder: We visited Mama Rosa Orphanage. Mama Rosa is one of the 2017 CNN Humanitarian Award winners. Mama Rosa had an orphanage in Cape Town. She has

over 100 children, some of them had nutrition and other health-related concerns including aids. Some of children were days old when dropped off at her doorsteps by their parent(s) and stayed with Mama Rosa until age 18. We went to a local grocery and purchased over 1000 dollars' worth of food and supplies as a donation from our group. We were overjoyed by the outpouring of love and thanksgivings. We enjoyed a wonderful tour of the orphanage and visit with Mama Rosa's staff and children. We also had a chance to pray with several women in the nearby local hospital facility. We were blessed by the opportunity to share God's Word with other sisters in Christ.



In Soweto, after touring Mandela's home, we met with several 8th grade boys after school. They were all neatly dressed in their uniforms with ties, they spoke several languages, had educational goals and were knowledgeable about the United States as well as other countries around the world. It was clear to them that education is the key to life.

God in His infinite wisdom has created this amazing planet and we are responsible to take care of it. We need to understand that the world is smaller than we think. We need to be concerned about climate change individually as well as collectively.

Please go to the internet and read what the people in Cape Town are going through. The day is coming when they will have **zero** water. They are having a drought (a water crisis), no rain, everyone is conserving water. How can it be that a city on the ocean is out of water? ... UNBELIEVABLE, YET TRUE

Each day as I prayed, I asked God what I should share upon my return back to USA that might make a difference in someone's life journey. So here we go!

- Africans of all socio-economic levels across the continent pride themselves on neatness in dress, respectable personal appearance and a zeal for education.
- Travel and see the world for yourself. It will change your life's prospective. (Elephant and/or URBER rides available)
- The food was delicious,90% of the food was grilled. The great flavors delighted my palette. At least 1/2 of our dinners were family sharing meals along with phenomenal cultural entertainment.

Shopping: Over the Top... Out of this World ... Everywhere...ENOUGH SAID!

Africa Tour 2018 (Continued)

- Conserve water: Don't let your water run unnecessarily. Conserve if for no other reason than to reduce your water bill.
- Global warming is real. Protect our environment, remember you are a part of it and it is a God-given responsibility to all mankind to safeguard what has been given to us.
- God is an awesome God! Prayers go up to Him from all over the world. I'm a witness! God's world is fascinating, its people, its animals, and the environment all are in the need of prayer.
- I traveled with 44 African Americans strangers from all over the USA, whom I now call affectionately, **My Family**.



A Trip of a Lifetime from the Motherland

Sis. Louise Stevenson, Women's Ministry Leader

Mahogany Vacations: www.mahoganyvacations.com

MAY IS FAMILY EMPHASIS MONTH IMPORTANT DATES FOR THE MONTH OF MAY

May 7, 2018: Deacons Ministry Meeting at 7:00 p.m.

<u>May 13, 2018</u>: Annual Mother's Day Worship Celebration at 8:00 a.m. and 10:25 a.m.

May 17, 2018: Vacation Bible School Workshop from 5:30 p.m. to 6:30 p.m.

May 18-19, 2018: PDYM Youth Weekend Activities

May 20, 2018: Annual Youth Day Worship Celebration at 8:00 a.m. and 10:25 a.m.

May 21, 2018: Trustee Board Meeting at 7:00 p.m.

May 28, 2018: Memorial Day (Church Office Closed)

JUNE IS FAMILY EMPHASIS MONTH IMPORTANT DATES FOR THE MONTH OF JUNE

June 3, 2018: Union worships at St. Mark Missionary Baptist Church at 4:00 p.m.

June 4-8, 2018: Vacation Bible School, from 6 to 8:00 p.m.

June 9, 2018: Union Baptist Church-wide Family Picnic at 11:00 a.m.

June 16, 2018: Men's Prayer Breakfast at 9:00 a.m.

<u>June 17, 2018</u>: Father's Day Annual Men's Day Observance during the 10:25 a.m. Worship Celebration

June 24, 2018: High School and College Grad Recognition Sunday

June 25, 2018: Union Foundation Meeting at 7:00p.m.







March 12, 2018 Contact: Ashley Tongret, Director of Public Relations (513) 768-5526 or <u>atongret@cincinnatiopera.org</u>

Editors' note: Images available upon request.

CINCINNATI OPERA PRESENTS OPERA GOES TO CHURCH April 27-28 & June 4

Celebrating its thirteenth year, this inspiring free concert series will present four unique concerts in two inspiring community churches.

CINCINNATI—Cincinnati Opera's hugely successful free community concert series, Opera Goes to Church, will present performances on three consecutive evenings at **Lincoln Heights Missionary Baptist Church** in Woodlawn on April 26, 27, and 28, featuring the choirs of **Lincoln Heights Missionary Baptist Church**, **New Jerusalem Baptist Church**, and **Southern Baptist Church**. On Monday, June 4, Opera Goes to Church will present a concert at **Allen Temple A.M.E. Church** in Bond Hill featuring the **Allen Temple A.M.E. Church Choir**. Channel 5 news anchor **Courtis Fuller** will emcee all four concerts. Cincinnati Opera artists will also perform in the concerts, with soloists to be announced at a future date.

Now in its thirteenth year, the series features internationally acclaimed artists from Cincinnati Opera, dynamic congregational choirs, and young artists, performing a variety of musical genres including gospel, jazz, and classical. Cincinnati Opera works closely with the music staff and performers at each location to create powerful, unique programs which are individually crafted for each concert.

Admission to each event is free, though tickets are required (limit four tickets per household per venue). Tickets are available beginning Monday, March 19 at 10 a.m. by visiting <u>cincinnatiopera.org/church</u> and using the promo code PRAISE at the ticketing link.

Performance Details:

Opera Goes to Church

Allen Temple A.M.E. Church Monday, June 4 at 7:00 p.m. 7080 Reading Road, Cincinnati, OH 45237 (Bond Hill) Featuring the Allen Temple A.M.E. Church Choir; Cincinnati Opera artists; and more performers to be announced

Admission:

FREE, though tickets are required (limit four tickets per household per venue). Tickets are available beginning Monday, March 19 at 10 a.m. To reserve, visit <u>cincinnatiopera.org/church</u> and use the promo code PRAISE at the ticketing link.

Founded in 1920 and the second oldest opera company in the nation, Cincinnati Opera presents a thrilling season of grand opera every June and July. The company's repertoire includes beloved classics and contemporary masterworks brought to life by some of the world's most dynamic performers and creative teams.

Cincinnati Opera's 2018 Summer Festival runs June 14 through July 31, featuring Giuseppe Verdi's La Traviata, Claudio Monteverdi's The Coronation of Poppea, Richard Wagner's The Flying Dutchman, Laura Kaminsky's

As One, and the United States premiere of **Another Brick in the Wall**, based on the Pink Floyd album The Wall. Cincinnati Opera's 2018 season is made possible with support from ArtsWave, Ohio Arts Council, Macy's, The Louise Dieterle Nippert Musical Arts Fund, and many generous individuals, corporations, and foundations.

www.cincinnatiopera.org

IMPORTANT NOTICE: All members are asked to be mindful that no one should be in the **church building between the hours of 11 p.m. to 7 a.m.** due to security reasons. Any necessary exceptions should be coordinated and approved by the Chairman of Property and Space, Bro. Don Johnson, at least one week in advance.

Also, this is a reminder: Please do not park in the Pastor's parking space at any time. God's blessings to each of you from the Trustee Board Ministry. ~~Dr. Carolyn Turner, Ministry Leader

UNION BAPTIST'S EMAIL ADDRESS: The church has an email address for all ministry

announcements. Please send all forms of communications (church announcements, flyers, upcoming events, etc.) to **unioncincinnati@gmail.com**. Thank you!

DEADLINE FOR NEWSLETTER ANNOUNCEMENTS: The deadline for church announcements for the July-August 2018 Newsletter is June 15, 2018. Requests for announcements should be e-mailed in care of Sis. Shirley Norman, Public Relations Ministry Leader, at Union's email address: unioncincinnati@gmail.com. Please note "Sis. Norman – Announcement" on the subject line. <u>Please note: any announcements received after the deadline date</u> will be included in the September-October 2018 newsletter.

UNION BAPTIST CHURCH OF CINCINNATI WEBSITE: Please visit our website (www.unionbaptist.net) which is both informative and interactive for those who are seeking the Will of God in their lives. On our website, you will see upcoming events; evangelistic missions inclusive for men, women and children; discipleship opportunities for building God's kingdom; exploratory devotional links for personal spiritual growth; and, community connections that have demonstrated, in the past, and continue to demonstrate, the POWER OF GOD throughout the Greater Cincinnati area, and beyond.

<u>UNION BAPTIST CHURCH RADIO BROADCASTS</u>: You can now also listen to the Union Baptist broadcast on WCVG 1320 every Saturday from 8:00 a.m. to 9:30 a.m. through live stream radio by connecting to the Union Baptist Church website at <u>www.union-baptist.net.</u>

<u>UNION BAPTIST CHURCH IS NOW ON FACEBOOK</u>: The official Union Baptist Facebook is also linked to the Union Baptist Church of Cincinnati website at <u>www.union-baptist.net</u>.

<u>UNION BAPTIST WI-FI SETTINGS</u>: Please see Executive Church Administrator, Bro. Dale McAllister, to obtain the settings for the wireless router (Wi-Fi). Thank you.

<u>CHURCH VOLUNTEERS NEEDED</u>: Opportunities for anyone interested in volunteering in the church office or other areas of the church are still available. Please contact Bro. Dale McAllister, Executive Church Administrator. Thank you.

UBC MEMBERSHIP DATA FORM: All members who have not completed their updated UBC Membership Form, are urged to complete and provide your updated information, including, any name change; your current home address; your home, cell and work telephone numbers; a number where you may be reached in case of an emergency; and, an emergency contact person, etc. Membership Data Forms are available in the wall receptacle near the church office. When you have completed your form, please give to **Sis. Gwendolyn Hall**, Church Office Receptionist. Thank You.



In Existence Since June 23, 1996

Everyone is encouraged to take advantage of these initiatives and service. The UBC Health and Wellness Ministry Leader is involved and would love your support. Thank you in advance.



Do Right! 7-Week Wellness Series

May 7 - June 25, 2018 Mondays 6:00 PM - 8:00 PM

Join the Health Gap for a 7-Week series that is designed to teach participants to make better food choices and also how to expand the reach of nutrition education by training participants to teach others. Sessions will also include weekly giveaways and hands-on cooking demonstrations. The sessions will be led by Annette I. Bell, R.D., L.D.

For more information and to register please call the Health Gap at 513-585-9879 or email us at closingthegap@uchealth.com. Sign up online at http://closingthehealthgap.org/sign-nutrition-train-trainer/

Seating is limited, please register by April 30, 2018

Location: New Vision United Methodist Church 4400 Reading Rd. Cincinnati, OH 45229 Www.closingthehealthgap.org

DO RIGHT! RELAX & RESTORE



WEDNESDAYS MAY 2ND - JUNE 6TH 5:30-7:30 PM The Health Gap, 3120 Burnet Ave., Suite 201 Cincinnati, OH 45229 Garage parking will be validated.

This 6-week interactive series teaches you how to cope with stress through mindfulness, art, nutrition, holistic health, and healthy relationships. During this series, you will practice skills to free yourself from unproductive anxieties and unhealthy behaviors so that you can experience peace and joy in your daily life. There will be weekly giveaways at each session.

Register by calling **513-585-9879** or visit closingthehealthgap.org/right-relax-restore/ Registration deadline is May 7, 2018 For more information email us at





Guest Speaker - Tracey Artis CEO - I Hear Music

Theme - "Put A Lid On It" "Set guard over my mouth, Lord, keep watch over the doors to my lips."

Psalm 141:3

2nd Annual First Baptist Church of Hazelwood Women's Ministry

Saturday, May 12th, 2018 11:30 am



Co-Hosted with The Women of Vision Ministries

First Baptist Church of Hazelunod 11085 Centennial Avenue Cincinnati, OH 45242

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All Women are encouraged to wear some form of head attire (hat, scarf, wrap...etc) Brunch Will Be Provided!



Mission:

- To promote health and wellness to the church congregation and the community.
- During the church services:
 a. To give urgently proper
 - care, via CPR, and/or first aid, to a member or visitor who becomes sick or injured.
- To serve the Pastor, Minis ters and Guest Speakers with juice or water.
- To provide, promote, and encourage a positive life style change as it relates to the entire being in spirit, mind, body, and relationships; first giving honor to God.

Vision:

To be known as a ministry who increases awareness of health related issues by providing opportunities for the church congregation and community to receive the necessary tools for improving/ maintaining their overall wellness spiritually, mentally, physically, and socially.

Scriptures Ministry is based on:

 "Do you not know that your body is a temple of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought at a price. Therefore honor God with you body." (1 Corinthians 6:19-20, NW)
 "Dear friend, I pray that you may enjoy good health and that all go well with you, even as your soul is getting along well."
 (3 John 2, NIV)

Who May Become a Member?

- 1. Any dedicated church or community member.
- 2. Medical professionals, other professionals, high-school students, or any dedicated/willing person.
- 3. Male or female over sixteen years of age.
- 4. Anyone who has completed First Aid, CPR, and Blood Pressure certification training is a plus.

Who do you Contact if Interested in Being a Part of the Ministry?

Sister Annette I. Bell, R.D., LD., at 513-381-3858 or email (aibellwellness@yahoo.com)

Highlights of What specific activities did your ministry do last quarter to accomplish its goal(s)?

- a. Served the Pastor, Ministers, and guest speakers on Sunday at the 10:15 a.m. services. Set up for the 8:00 am Preacher of the Hour
- b. **Provided health related information** to the congregation and community:
 - Continued to provide the Meatless Mondays Health Tips via the Call-Em-All. Continued to -provide Handouts and Recipes on the Second Sundays.
 - Invited the congregation and the community to attend the following sessions:
 - o I Am Me, Wyatt
 - Symposium on Saturday, February 10, 2018, 9 am – 2 pm. Attendance: 10 Youth from Union Baptist Church.
 - Nutrition Train the Trainer Sessions on Mondays from March 5, 2018 – April 16, 2018, 6 – 8 pm at *New Vision United Methodist Church*, Attendance: 29 members from the Community
 - Do Right Healthy Steps on Tuesdays from March 6, 2018 – April -10, 2018, 6 pm – 7:30 pm at *Southern Baptist Church*, Attendance: 1 member from Union Baptist Church and 12 members from the Community.
- **c.** Go Red Sunday held on February 11, 2018 at *Union Baptist Church*. 75 samples and recipes were distributed.
- d. PDYM Heart Disease and Prevention Presentation completed on 2/18/18. Lesson Title: Recognizing Heart Attack and Stroke Signs and Symptoms/What Can I Do To Prevent This? 8 youth were present.
- e. Annette I. Bell presented "Eating the MyPlate Way" at the *First Baptist Church of Hazelwood*, Go Red Sunday, 3/4/18. Had 30 participants. Had 16 participants to get their blood pressures checked, 50% of the blood pressures were high
- f. Annette I. Bell presented "Eating the MyPlate Way at *Greater St. John AME Zion*, Attendance: 40 participants, 28 tasted the Red Beans and Quinoa. Recipes were also handed out.
- g. Continued to conduct blood pressure checks every 2nd Sunday a total of 1 for this quarter.
- h. Continued to be available to provide support at funerals, we are aware of, we covered Roberta Johnson's service on 3/22/18.
- **i.** Continued to **display handouts** for pick up in the church main vestibule on the second Sunday of every month.
- **j.** Sick and shut in visits/calls:
- k. Monthly meetings normally held 2^{nd} Tuesday of the Month from 6 pm 7 pm.

BIBLE TRIVIA QUESTIONS AND ANSWERS

- 1. Name Jezebel's husband.
- 2. Which timber was used to construct the Ark of Noah and what sealant was chosen to render it waterproof?
- 3. Name Moses' brother.
- 4. What was the age of Moses at the time of his demise?
- 5. In the Bible, God is said to have physically written thrice each time on a different surface. On what did his writing appear at the third instance?
- 6. What killed Matthew?
- 7. Balaam was spoken to by which animal?
- 8. What is the name of the sea where Christ harnessed a raging storm?
- 9. Name the books in the Bible christened after women.
- 10. Name the cities destroyed by God in the Book of Genesis.
- 11. Name Goliath's chosen arms for fighting with David.
- 12. According to one of the famous Bible quotes, what is the "root of all kinds of evil"?
- 13. What according to Potiphar's wife had Joseph done that resulted in his imprisonment?
- 14. Enumerate the sacred hues of the threads used to make the ephod, the part worn like a bib on the sacerdotal habit, for the high priest Aaron.
- 15. Name the ruler of Judah afflicted by leprosy.
- 16. What was it that Jacob had to do in order to marry Rachel?
- 17. Specify the duration which Jonah spent in the abdomen of a whale.
- 18. Name the three wise men.



Bible Trivia (Continued)

- 19. In whose Gospels do the Beatitudes appear?
- 20. Who was Joseph's master in Egypt as stated in Genesis 37:36?
- 21. Name the disciple who was a tax collector.
- 22. How many shekels did Abraham pay to buy the field of Machpelah?
- 23. After he fled for his life, which tree did Elijah sleep under?
- 24. Judas betrayed Jesus for exactly how many coins of silver?
- 25. Name David's father.

Answers:

- 1. Ahab
- 2. Gopher wood and pitch respectively
- 3. Aaron
- 4. 120 years
- 5. On a wall, Daniel 5:5-12
- 6. A halberd
- 7. A donkey, Numbers 22:22-35
- 8. The Sea of Galilee
- 9. Ruth and Esther
- 10. Sodom and Gomorrah
- 11. A sword and a spear, Samuel 17:45
- 12. The love of money, 1 Timothy 6:10
- 13. Rape
- 14. Gold, scarlet, purple and blue, Exodus 28
- 15. Azariah or Uzziah, 2 Kings 15:5
- 16. Serve Laban for 14 years, Genesis 29:16-30
- 17. Three nights and three days
- 18. Balthazar, Caspar and Melchior
- 19. Matthew and Luke
- 20. Potiphar
- 21. Matthew
- 22. 400
- 23. Juniper
- 24. 30 pieces of silver
- 25. Jesse



https://spiritualray.com/bible-trivia-questions-answers



THOUGHTS TO WARM YOUR HEART

Once she was just a tiny tot, 'twas years ago, and yet it seems like yesterday, somehow. She'd place her little hand in mine and through the fields we'd walk. Just God and I fully understood the many joys she brought.

~Loise Pinkerton Fritz

Growing Season

By Pamela Kennedy

The seasons of the heart; a journey universal yet unique.

She is the first to know of his existence in the flickering flutter so like a butterfly's wing. She nourishes and tends from the beginning and, when the time is right, brings forth the full-grown infant; potential only she can see at first. Then the task begins. The cultivating season is a trying time. Night and daytime blend into one. Hours once spent elsewhere are passed in pacing, rocking, lullabying, wishing suns to rise. The rewards are small—a smile, a grinning gurgle, fingers wound tightly in her hair. Somehow that's enough—for now.

Months are strung together like the beads upon a chain, and soon the necklace spans into years. She watches as the fledgling turns away and wobbles from her arms. Small, deliberate steps at first, but she knows it is beginning. The seasons change. The separation cannot be denied. This is what it's all about. She knows, but still it's hard.

The chubby arms and chunky legs soon take control. Running, skipping, jumping, hopping. Never still, never silent, never satisfied with what is near. She must hold him in her heart these days, this bubbling brook of energy. Her arms are too confining.

When did the puppy become a colt? Long legs leaping in the sun. "Oh, Mama look! Oh, Mama see! Oh, Mama watch me, watch me!" How many years since the days of butterfly wings fluttering inside? He's still becoming what he is to be, little by little. She is changing, too, growing through the seasons of her son.

She looks and sees a stranger where the laughter was, "Mama, don't look like that. Mama, don't watch so closely. Mama, what do you think you see?" She sees far more than he does, and she watches, carefully silent. This is the difficult time, not wanted, yet so needed. Her arms ache, but grasping would destroy the love she's nurtured all this time. She waits, with patience born in endless nights of lullabies, waiting for the sun to rise.

The yearning years pass and in their place a tentative time arrives. "Mama, are you still my friend? Mama, will you always be there? Mama, you look different." And in her heart she knows it was not she who changed. He seeks her out to share a broken heart, and because she knows the feeling, she can help. "Oh, Mama, you're so wise." She strains to hide a smile and sends him on his way to face his fear.

A STORY to WARM YOUR HEART (Continued)

One day, when she's not looking, independence snatches him away. "Wish me well, Mama." But it hurts to watch him go. Is this what all that leaving was about? Somehow, the training doesn't seem enough. Will she ever master this tough role?

The seasons turn again. What has she become? Who needs her? What good was all the caring and dreaming when the dream is gone? A letter now and then, a phone call here and there. The empty arms, the empty nest cry out! What is she now!

"Oh Mama, look! Oh Mama, see! Oh Mama, watch him, just like me!" The lost returned in miniature. Brought back to empty arms. Old feelings flutter back to life; laughter brought by dimpled cheeks. "Gramma, Gramma! Lookit, lookit me!"

Now it's come full circle. Seasons turning around her son. The wondering and the dreams are filled with hope again. She knows what she's been through these years was worth it all—laughter, tears, sorrow, joy. Anxiety has turned to peace; emptiness to fulfillment. Motherhood has earned its own rewards—another growing season of the heart.

Ideals Mother's Day, Vol43, No. 3, May

My Mother – My Angel

Once upon a time an angel held my hand;

she wiped away my tears and helped me understand. Our time on earth is brief, there's lessons to be learned, each precious day God gives us another page is turned. Every chapter full of memories, times of joy and tears, triumphs and defeats through every passing year. She loved us unconditionally always by our side, when no one else would listen in her we could confide. With gentle words of wisdom she led us on our way, down the paths of righteousness if ever we did stray. She saw the light in everyone and gave with no regrets, always from her heart let's not forget.

Angels come in many forms, for me it is my mother; with love I cannot say in words there'll never be another. Every day I turn the page in my heart will ever remain, everything she taught me as I stroll down memory lane. Thank you God for giving me the most priceless of all treasures, help me Lord to keep alive her memory here forever. I pray that I can someday be everything she hoped I would, that she's smiling down from heaven knowing she did good. As we gather here today there's no ending to her story, another chapter has begun full of grace and glory. God's called her to his heavenly home part of his great plan, although it may be hard, we all must understand. Faith is what is hoped for, things we cannot see, Heaven is promised to all of us if only we believe.



Written By Kathy J. Parenteau Copyright © 2012



Short Stories about the Kindest, Bravest, Wisest Dads in the World

By Readers' Digest Editors

FIRST IN FLIGHT by Kay Lockridge, Santa Fe, New Mexico

The little Cessna had just cleared the pattern in its climb to 1,500 feet when my father said, "OK, we can land now." With my newly minted private pilot's license in hand, I had wanted him to be my first non-instructor passenger. I'd planned to circle the Michigan State University campus and come back to the university-owned airport. I reminded him of this, and I'll never forget what Dad said, more than 40 years ago: "I'm not fond of small planes. I just wanted you to know that I have confidence in you."

"TALKING IS LIKE KETCHUP"

by Carmen Mariano, Braintree, Massachusetts

I sat in my dad's living room reading one night while he watched television. An hour passed before I realized it, and I felt bad for not speaking during that time. I asked if he was OK, and he said yes. Then I apologized for not talking more. "Carmen," Dad replied. "Talking is like ketchup. If you like the meat enough, you don't need the ketchup—and if you like the company enough, you don't need the conversation." My dad never earned a college degree, but he was the smartest person I ever knew.

THE HITCHHIKER'S GUIDE TO FAMILY

by Rachel O'Connor, Westtown, New York

"Linda, look at the map!" My father slammed on the brakes, glaring at my mom. He didn't believe in excessive planning, and so each summer we embarked on a spontaneous family road trip that didn't always go smoothly. There were lots of late-night panics to find hotels, stops to ask for directions, and elevated tempers. One night, we picked up a hitchhiker somewhere in Kentucky. As we blasted the radio and my dad bought us all ice cream, the hitchhiker told me he'd give his life to have what I had.

Father's Day (Continued)

BIG SHOES TO FILL

by Theresa Arnold, Tioga, Texas

I cleaned out Dad's closet yesterday. There were two things I couldn't box up: his work shirts and his two pairs of Red Wing boots. He couldn't remember birthdays or anniversaries, but he remembered the date on which he'd bought his first pair. I remember it too—April 16, the day after Tax Day. What does a child do with her dad's favorite boots? I think I will make a planter out of them or use them to store something valuable. You can't throw away a man's favorite boots. You've got to keep them and pass them down.

DAD'S SECRET SPOT

by Lucia Paul, Plymouth, Minnesota

My dad was a gardener before it was cool. He would proudly tell people, "I can grow just about anything." He could—except for my beloved lilacs. He tried everything, with no luck or lilacs to show for his efforts. One night when I was a teen, it was raining in that way it does in Minnesota in April: violent and cleansing. I heard the creak of the side door, and he stood soaking wet, etched with scratches, holding an abundance of lilacs. "I found a secret lilac spot," he said. "It wasn't easy, but I got them." That's how he got everything.

GOOD VIBRATIONS

by Nancy Perkins, St. Johns, Michigan

My dad died unexpectedly at age 78, leaving our family heartbroken. During the funeral mass, my sister felt her phone vibrate in her purse. She was a little surprised that someone would be calling her, knowing she was at dad's funeral mass. Afterward, she found there was a message: "Hi, this is your dad," said the male voice. "I wanted to let you know I made it home." The caller obviously had the wrong number, but the message was clear. My dad had completed his journey to heaven and wanted us to know. Thanks, Dad—until we meet again.

THERE'S ALWAYS A FIRST

by Debbie Gunn, Bothell, Washington

My dad delivered bread for a living. We enjoyed each other's company, so he'd drive home at lunchtime and I'd go with him. One day, we delivered to a large grocery store. When we pulled in back, the manager saw me and said, "I heard it's your birthday, so go pick out anything in our toy aisle free." I excitedly grabbed some paper dolls, but the big surprise was still ahead. Dad, the store manager, and the employees stood with a huge lit cake, singing me "Happy Birthday." I'd turned seven, and this was my first-ever birthday party. Thanks, Dad!

 $https://www.rd.com/true-stories/inspiring/short-stories-about-dads \underline{/}$



TruthSeekers

The members of the Small Care Group TruthSeekers" meet every Monday from 6:00 – 7:15 p.m. at the Avondale Branch Public Library to study God's word and grow through the five purposes of the church, worship, fellowship, discipleship, ministry and evangelism. Please feel free to join us as we learn about God's Word and how to become more Christ like.

For more information, please contact Rev. Shawn Pate, Small Care Group Ministry Leader, at unioncincinnati@gmail.com

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A HUG

Submitted by Sis. Louise Stallworth

It's wondrous what a HUG can do!!

A HUG can cheer you when you're blue. A HUG can say "I love you so!" or "Gee, I hate to see you go!" A HUG is "Welcome back again" and "Great to see you! Where've you been?" A HUG can soothe a small child's pain And bring a rainbow after rain. The HUG!! There's just no doubt about it... We scarcely can survive without it! A HUG delights and warms and charms... It must be why God gave us arms! HUGS are great for fathers and for mothers, Sweet to sister, swell for brothers. And changes are your favorite aunt Loves them more than potted plants. Kittens crave them...puppies love them... Heads of State are not above them. A HUG can break the language barrier And make your travels so much merrier. No need to fret about your store of 'em The more you give, the more there are of 'em. So stretch those arms without delay! ...AND GIVE SOMEONE A HUG TODAY!!!



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