The Union Baptist Church Newsletter



Volume 8, Issue 1

January 8, 2017

A DEVOTIONAL FOR MEN ON THE GO

EVERY MAN NEEDS CHRIST

One very illuminating fact about human nature is its *unwillingness to admit need*. Yet this admission of need is the one thing that qualifies a man to receive the Grace of God.

On the surface it sounds rather strong and manly not to acknowledge need for Divine aid... but get to the bottom of it and you discover it is in reality pride--ego--that keeps a man from admitting it!

Pascal wrote: "There are two classes of men in the world, the righteous--who know themselves to be sinners... and the rest--sinners who think themselves to be righteous.

The whole point of the Bible--both Old and New Testaments ...the whole point of Jesus Christ--Peter--Paul . . . is that every man is a sinner--without exception! Every man is under the penalty--the condemnation of sin...under the "wrath of God."

But some men *refuse to admit it.* **They insist they are not sinners**. Actually, what they are doing is *contradicting the Bible*. The Old and New Testaments-- Jesus Christ--Peter--Paul . . . all are wrong!

These are they who are sinners--but "think themselves righteous". That is pride! And *pride* is the root of sin. Out of pride comes all sin!

Ego that sets itself against God--that refuses to acknowledge about itself what God says to be true--that remains willfully blind to the light. Out of this festering ego comes all misery--woe--war--sin! That is the inevitable outcome when man sets his will against God!

Study that brand pride in the light of the Cross and you will appreciate how utterly obnoxious--abhorrent--abominable it is! The Matchless Son of God said He came to earth for one purpose: "to save sinners!" He laid down His life on the cross--the only adequate remedy for sin. So he claimed ...

And pride calls Him a liar-implies He need not have died! If man can save himself--lift himself up "by his own bootstraps" --then Christ died in vain. His Cross was wasted effort --unnecessary--superfluous!

But man cannot! This is *the distilled essence of the Bible!* Man has sinned--every man--no exception! You! I! But this is not the end to the story! There is a stupendous sequel...

God loves man--even though man sins. In the Person of His Son... in the fact of the Cross God provides absolution--complete and thorough pardon--justification--eternal life! It is ours for the taking...

On one condition: that we admit our need--confess our sin--take His proffered gift \dots in humility receive His grace!

"Since all have sinned and come short to the glory of God--they are justified by His grace as a gift--through the redemption which is in Christ Jesus." Romans 3:23-24. AMEN.

Perspective Devotional Thoughts for Men
— Dr. Richard Halverson

A MEDITATION FOR EVERY MARRIED COUPLE

CONTROL--GIVE IT UP!

"There is no fear in love. But perfect love drives out fear, because fear has to do with punishment. The one who fears is not made perfect in love. We love because he first loved us."

(I JOHN 4:18,19)

Some individuals never seem to get the message about control. They know they can't control everything, but they keep trying. Why? Because they feel compelled to be in control of every aspect of their lives. They push, pull, persuade, manipulate and withdraw, yes, withdraw. Silence and withdrawal are great ways to control others. What is if that prompts this lifestyle?

Control is a camouflage for fear. Who wants to be afraid or even admit they are? Not me. Not you. Fear makes us feel vulnerable. We believe that if others knew we were afraid, they would take advantage of us. So we do the opposite and hide our fears by going on the offensive.

Control is a cover-up for insecurity. A secure husband or wife doesn't always need to be in control. He or she can defer to others, ask their advice, and be comfortable when someone else leads. But when we are insecure, we go overboard by trying to control everything and everyone. There's emptiness within us when we're insecure, we're like a bucket with a hole in it. We can never get filled up enough, but we keep trying through control.

Control covers low self-esteem. When we feel down on ourselves, worthless, lacking in something, we don't want our partners to know about it. And we may even blame them for helping to create the problem. So we overcome this self-esteem problem by making them pay through control. But we're fooling ourselves. Control never fulfills; it never solves the basic problem. Control perpetuates it. It never draws others closer; rather, it pushes them away.

Give God the reins of your life. Let him control you. When God is in control you'll be amazed at how much better your relationship with your partner will be. AMEN.

After You Say, "I Do" Devotional
— H. Norman Wright



DEVOTIONAL FOR SINGLES

PEACEKEEPER, VICTIM or....

"Open rebuke is better than love that is hidden." Proverbs 27:5 (AMP)

Do you ever feel like other people are making your life miserable? Do you ever feel that your freedom of choice has been ripped away? Do other people make your decisions for you? Do you ever think of others as villains? If so, you could be a "peacekeeper-accommodator." If not, you probably know someone who is, so keep reading.

Some think they have been called to a lifestyle of peacekeeping...to an extreme. Scripture does tell us to live in peace with one another since we have been called to peace (see Col. 3:15). But some have gone overboard and become sacrificial lambs. They've become not just peacekeepers, but accommodators who let others walk all over them.

How do you determine the difference between a person who is living according to this biblical principle and the peacekeeper-accommodator who has carried it to extremes? Well....

If you're a peacekeeper-accommodator, you have little tolerance for other people's anger or dissent. You probably feel uncomfortable with an argument and you are bothered when people disagree with you. If you work especially hard to keep the peace, you don't realize the cost. You're constantly watching your step, anticipating and outguessing other people's responses. You act as a censor on yourself to make sure you don't say or do the wrong thing. You live in fear that others might abandon you if you do something wrong.

It is difficult for peacekeeper-accommodators to relax and be at ease in emotionally turbulent conditions. If others sulk, pout or withdraw in any way they either guess what's wrong or chase after them by pampering, coaxing or trying to draw them out. As you read Bobbie Reed's description of what she calls "people pleasers", see if you can identity these characteristics in yourself, your friends or family members:

- People pleasers are addicted to approval and will do almost anything to gain it. If approval is out of the question, they will settle for acceptance or just attention.
- People pleasers generally have low self- esteem in that they do not consider themselves worthy of being pleased. Adults who have grown up with a desperate need for approval have usually failed to develop either a healthy sense of who they are or a strong sense of self-worth.

 They have an idea that they probably deserve respect but they are unable to stand up, speak out or reach for the love and affection they want.
- People pleasers don't believe they will be accepted by others unless they are actively working at winning approval so they go to extraordinary lengths to win applause. They dress to please. They act to please. They say what they think others want to hear--or they keep their mouths shut, except to compliment others. They spend their hard-earned money on gifts for others. They give more of their time and energy than they can afford to give. They are great self-sacrificers. They live as performers rather than as themselves.
- People pleasers work twice as hard as other people in their relationships. They are usually prompt (not wanting to keep anyone else waiting), gentle listeners (not venturing to express a conflicting opinion) and eager servants ("Please let me do that"). People pleasers are not pushy, except when smothering others with gifts, favors and helpfulness.

What a way to live! It's not living when we're constantly on guard, denying who we are and putting on a pretense. God calls us to be honest. We are to be people of integrity and not reinforce the negative behavior of others. Did you ever think that a people pleaser contributes to selfishness of others by letting them have their own way constantly?! Remember, we've been called to exhort, confront and speak the truth in love! Risky? Yes, but a much better way to live. AMEN.

QUESTIONS FOR REFLECTION

Have you carried peacekeeping to an extreme--are you a peacekeeper-accommodator – are you a "people pleaser?" If so, what steps are you willing to take to be more honest about who you are? If you do not fit into this category, have you found yourself taking advantage of those who do? What steps are you willing to take to help the "people pleasers" in your life find greater freedom?

AMEN.

--Dr. H. Norman Wright, Single Purpose

DEVOTIONAL FOR SENIORS



Father Time

But I trust in you, O Lord; I say, "You are my God." My times are in your hand. (Psalm 31:14-15)

We have a close friend whose birthday is January 1. More than fifty years ago, we called him the New Year's baby, but now he's more like "Father Time!" In January of each year we wonder what times the New Year will bring ... more times in doctors' offices, happy times as children get married or grandchildren are born (or great-grandchildren?) and perhaps end times with older family and friends. Isn't it comforting to know that all of our times are in God's hands! He is in control and has a plan for each of us this year. What better place to be than in our heavenly Father's hands!

Dear God, help us to trust you as we journey through 2017 according to your plans, knowing you walk with us.

Amen.

Annette Schumacher, Hopefull Living - Daily Living for Living Life to the Fullest

- TEEN'S CORNER -

GOT QUESTIONS? GOD'S GOT ANSWERS...

QUESTION:

What should Christ's love mean to me?

THE QUICK ANSWER:



Jesus loves me, this I know... but how much? Here's how much: Jesus loves you so much that He gave His life so that you might live forever with Him in heaven. And how can you repay Christ's love? By accepting Him into your heart and by obeying His rules. When you do, He will love you and bless you today, tomorrow and forever.

CHRIST'S LOVE

"I am the good Shepard. The good shepherd lays down his life for the sheep"

(John 10:11 NIV)

The Bible makes this promise: Jesus loves you. And how should that make you feel? Well the fact that Jesus loves you should make you very happy indeed, so happy, in fact, that you try your best to do the things that Jesus wants you to do.

Jesus wants you to welcome Him into your heart, He wants you to love and obey God, and He wants you to be kind to people. These are all very good things to do ... and the rest is up to you! AMEN.

Live your lives in love, the same sort of love Christ gives us, and which He perfectly expressed when He gave Himself as a sacrifice to God.

It has been the faith of the Son of God who loves me and gave Himself for me that has held me in the darkest valley and the hottest fires and the deepest waters. ~~ Elizabeth Elliot

Jesus is all compassion. He never betrays us.

~~ Catherine Marshall

Christ is like a river that is continually flowing. There are always fresh supplies of water coming from the fountain-head, so that a man may live by it and be supplied with water all his life. So Christ is an ever-flowing fountain: he is continually supplying his people, and the fountain is not spent. They who live upon Christ may have fresh supplies from him for all eternity; they may have an increase of blessedness that is new, and new still, and which never will come to an end. ~~ Jonathan Edwards

100 Questions Teens Ask with Answers from God's Word
– By Freeman Smith



A STORY TO WARM YOUR HEART

Compassion

~~~~

Touched by a loving heart, Wakened by kindness, Chords that were broken will vibrate once more.

-Fanny Crosby

ONE GLASS OF MILK

Author Unknown

One day a poor boy who was selling goods from door to door to pay his way through school found he had only one thin dime left, and he was hungry.

He decided he would ask for a meal at the next house. However, he lost his nerve when a lovely young woman opened the door. Instead of a meal he asked for a drink of water. She thought he looked hungry so brought him a large glass of milk. He drank it slowly and then asked, "How much do I owe you?"

"You don't owe me anything," she replied. "Mother has taught us never to accept pay for a kindness." He said, "Then I thank you from my heart."

As Howard Kelly left that house, he not only felt stronger physically, but his faith in God and man was strong also. He had been ready to give up and quit.

Years later that young woman became critically ill. The local doctors were baffled. They finally sent her to the big city, where they called in specialists to study her disease. Dr. Howard Kelly was called in for the consultation.

When he heard the name of the town she came from, a strange light filled his eyes. Immediately he rose and went down the hall of the hospital to her room. Dressed in his doctor's gown, he went in to see her. She didn't remember him, but he recognized her at once. He went back to the consultation room, determined to do his best to save her life. From that day on he gave special attention to the case.

After a long struggle, the battle was won. Dr. Kelly requested the business office to pass the final bill to him for approval. He looked at it, and then wrote something on the edge, and the bill was sent to her room. She feared to open it, for she was sure it would take the rest of her life to pay for it all. Finally she looked, and something caught her attention on the side of the bill. She read these words: **Paid in full with one glass of milk**.

Dr. Howard Kelly

Those who are happiest

Are those who do the most for others.

Booker T. Washington

### A Little Humor For The "Hearts and Minds of God's People"

-----

### Patrick's New Year's Day Adventure

On New Year's day at about 3.30 in the afternoon, having enjoyed an excellent lunch with his wife, children and grand-children, Patrick knew it was time to take Roxy, his well-loved mongrel dog for his afternoon's constitutional.



Unable to find his usually clutch of plastic bags for collecting the Roxy's 'doings' he called to his wife that he would take, instead, the fancy gift bag in which he had recently received a small present from his grand-daughter.

He strode purposefully down Leith Avenue and into Hill Road, Roxy on his lead and the pretty gift bag swinging freely in his hand. The dog stopped on two occasions and Roxy's 'doings' were transferred into the gift bag for later disposal.

Hill Road narrows as it approaches Portchester Railway Station and joins with Station Road. A narrow path is the only pedestrian way under the railway bridge and it is very close to the road.

Patrick carefully maneuvered himself and the dog along the narrow path. At this moment, two youths aged approximately 13 or 14 years old came cycling, at considerable speed up the road. Shouting and laughing at Patrick, the youths grabbed and stole the colorful gift bag and sped off into the distance.

Patrick often wondered what happened next.....

### Australian Angels

Opportunist thieves received a shock when they snatched an Austrian woman's handbag totally unaware, just like in Patrick's story, what it contained.

The two muggers struck as Hilda Morgenstein, 42, was about to catch a train at Baden to the countryside with her daughter to bury the pet rabbit which was contained inside her handbag. She commented wryly, 'They saved us the trip.' I told my young daughter that they were angels and were taking bunny to a better place.' Police are still searching for the couple of criminals.

http://www.guy-sports.com/months/jokes\_dog\_dodo.htm

#### A Little Humor Continued:

### Ode to January

'Twas the month after Christmas, and all through the house nothing would fit me, not even a blouse.

The cookies I'd nibbled the eggnog I'd taste at the holiday parties had gone to my waist. When I got on the scales there arose such a number!

When I walked to the store (less a walk than a lumber).

I'd remember the marvelous meals I'd prepared; the gravies and sauces and beef nicely rared,

The wine and the rum balls, the bread and the cheese and the way I'd never said, 'No thank you, please.'

As I dressed myself in my husband's old shirt and prepared once again to do battle with dirt - I said to myself, as I only can 'You can't spend a winter disguised as a man!'

So - away with the last of the sour cream dip, Get rid of the fruit cake, every cracker and chip,

Every last bit of food that I like must be banished 'Till all the additional ounces have vanished.

I won't have a cookie - not even a lick. I'll want only to chew on a long celery stick.

I won't have hot biscuits, or corn bread, or pie, I'll munch on a carrot and quietly cry.

I'm hungry, I'm lonesome, and life is a bore. But isn't that what January is for? Unable to giggle, no longer a riot.



### Happy New Year to all and to all a good diet!



By Alicia Moss
http://www.guy-sports.com/months/new\_year\_resolutions.htm#Ode\_To\_January



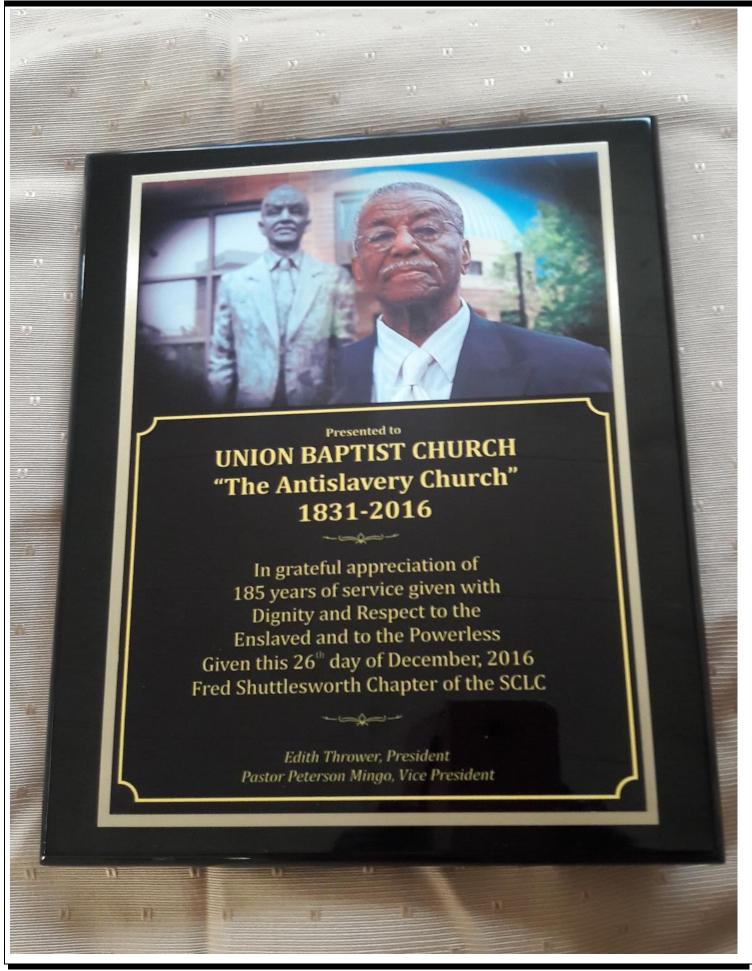


The first and most important rule of good manners is kindness and consideration to others. This rule never changes. The source of this rule is the Bible, and it is the second most important commandment next to loving God: "Thou shalt love thy neighbor as thyself" (MATTHEW 22:39; MATTHEW 19:19). Remember, knowing what is right is only part of having good manners. **It is the doing that counts.** (JAMES 1:22; JAMES 2:20; MATTHEW 7:21)

#### **General Good Manners**

- Think of the others first. (PHILIPPIANS 2:4-5; ROMANS 12:10)
- Be hospitable and friendly. (1 PETER 4:9; ROMANS 12:13; PROVERBS 18:24)
- Always say, "Thank you" this is a way of praising others and one of the keys of good manners; not forgetting "Excuse me", "Please", "You are welcome", "Hello" and "Goodbye". (COLOSSIANS 3:15; 1 THESSALONIANS 5:18; 3 JOHN 14)
- Do not be boastful, arrogant or loud always exercise restraint. Let your deeds speak for themselves. (TITUS 1:8; 1 CORINTHIANS 13:4-5)
- Listen before speaking. Never interrupt. Look people in the eye, and listen carefully. (JAMES 1:19)
- Before speaking to others consider what effect your words will have. Don't say thoughtless, unkind things. Pause and weigh your words carefully and say them in the right manner. (PROVERBS 15:23; PROVERBS 12:25; PROVERBS 25:11)
- Never whisper, as it makes the person who can't hear feel left out. (**PSALM 41:7**)
- Never point or stare, especially at people with disabilities or those who are "different." (PHILIPPIANS 2:3; ROMANS 2:11)
- Be thankful and show appreciation for gifts, help, etc. Write "thank you cards" rather than sending e-mails to show your appreciation. (COLOSSIANS 3:15; EPHESIANS 5:20)
- Give compliments a fundamental rule of good manners is to give. (ACTS 20:35)
- Be considerate and do not embarrass others treat others as you would like to be treated, and think of how you can put them at ease. Never demean anyone with rude jokes or an unwelcome nickname. (1 CORINTHIANS 13:4; PHILIPPIANS 2:4; LUKE 10:27)
- Do not criticize or complain a person with good manners is above criticizing others or complaining about circumstances. Negativity in any form is to be avoided. If you hear gossip, don't join in, be indifferent to it. If you disagree with others, do so respectfully. Don't verbally attack or condemn them. (1 CORINTHIANS 13:5-7; PHILIPPIANS 2:14; EPHESIANS 4:29)
- Never be ruffled. Be a calming, happy influence in any stressful situation and maintain your composure. (PROVERBS 16:32; PSALM 37:8)
- Respect people's time and be punctual. If you make an appointment, arrive on time or even a bit early. If you're going to be late, always call and let them know. Never arrive early for a social engagement; your host may still be getting dressed. (EPHESIANS 5:16; MATTHEW 5:37)
- When you give your word or promise something, **then you must fulfil it**; or get word to the person promised early enough that no harm is done. Your explanation as to WHY you cannot keep your promise must be perfectly acceptable and not due to your own fault. (**JAMES 5:12**; **ECCLESIASTES 5:4-5**)
- If you borrow something it should be treated more carefully than if it was your own. It should also be returned promptly and if possible in better-than-original condition. When someone lends you money and you owe it to return this loan, then NEVER forget or delay this payment back. (**DEUTERONOMY 23:21**)

https://www.cai.org/bible-studies/manners-etiquette

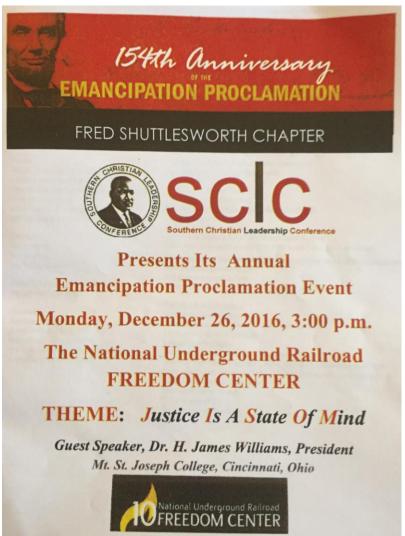


**Union Baptist Church 9** 

#### UNION BAPTIST CHURCH RECEIVES A SPECIAL RECOGNITION

Union Baptist Church was presented with a prestigious plaque at the Southern Christian Leadership Conference (SCLC) held on December 26, 2016 at the Underground Railroad Freedom Center. Union Baptist was recognized for the church's abolitionist role during the underground slavery movement. **Sis. Angelita Jones, Sis. Carolyn Davis** and **Sis. Portia Fuller** represented Union Baptist Church. Sis. Davis provided the picture of the plaque and the pictures below were provided by Sis. Fuller.







#### A Birthday Thought

Youth is the gift of nature, but age is a work of art.

-Garson Kanin

#### HAPPY BIRTHDAY WISHES TO EVERYONE BORN IN THE MONTHS OF JANUARY AND FEBRUARY!!!

<u>UBC COMMUNICATION CARDS:</u> Anyone worshiping with us today and "making a decision for Christ" by using one of our UBC Communication Cards found in the pocket of the pews, is <u>encouraged</u> to <u>follow-up your decision TODAY</u>, by <u>contacting REVEREND ALVIN L. WYATT</u>, <u>Minister of Christian Life and Witness at (513) 381-3858</u>. When calling, please leave your name, the spelling of your name, the date and time of your call, and, most importantly, <u>a telephone number where you may be reached</u>. Reverend Wyatt will be in touch with you, as quickly as possible, after receiving your telephone call, as to the next steps regarding your decision(s) for Christ. GOD BLESS YOU.

**INTERCESSORY PRAYER MINISTRY:** For the convenience and support of the Union Baptist Church membership and our guests, a Prayer Request Box with Forms is available in the vestibule leading into the Sanctuary. Please feel free to place your Prayer Request(s) in the box at any time. Our Prayer Partners stand ready to pray with you, and for you. Thank you, Intercessory Prayer Ministry Leaders.

**NEED A RIDE TO SUNDAY SCHOOL OR 10:20 A.M. WORSHIP SERVICE?** If you are in need of a ride to Church, please call (513) 981-0423 and leave your name and your telephone number. If you are interested in becoming a driver on Sundays, (van/mini bus) please call Deacon Ted Craig at (513) 521-2393. YOU MUST POSSESS A CDL LICENSE TO DRIVE THE MINI BUS. GOD BLESS YOU.

WEDNESDAY NOON DAY BIBLE STUDY RESUMES, JANUARY 18, 2017, 12 NOON: Our afternoon Bible study is held every Wednesday from 12:00 Noon to 1:00 p.m. (a light lunch is served immediately following the Bible study). The current Bible study is based on the revised edition of the classic best-selling course "Called and Accountable, Discovering Your Place in God's Eternal Purpose" by Norman Blackaby. This Bible study will lead men and women to explore the life-transforming, world-changing call that God gives every follower of Christ. Just as He did throughout the Bible, God is still calling His people, at this very hour, to accomplish His eternal purposes in redeeming the lost. Chapters include: What is a call? Who are the called? How am I called? When am I called? How do I live out the call? Remember all are welcome and we will be blessed by presence. "Pastor Yates"

#### MEN: BIBLE STUDY SERIES RESUMES, TUESDAY, JANUARY 17, 2017, 7:15 P.M.:

The Tuesday evening Men's Fellowship and Bible study will resume on January 17<sup>th</sup>. The study is also based on the revised edition of the classic best-selling course **"Called and Accountable, Discovering Your Place in God's Eternal Purpose"** by Norman Blackaby and is led by Pastor Yates. ~~Pastor Yates

#### INFORMATION & ANNOUNCEMENTS FOR

#### SUNDAY, JANUARY 8, 2017 (continued)

WEDNESDAY EVENING PRAYER SERVICE & BIBLE STUDY SERIES RESUMES WEDNESDAY, JANUARY 18, 2017, 7:00 – 8:30 P.M.: Mid-Week Prayer Service and Bible Study will resume on January 18<sup>th</sup> at 7:00 p.m. in the sanctuary. The Wednesday evening Bible study topic is "Called and Accountable (Discovering Your Place in God's Eternal Purpose)" by Norman Blackaby. All are invited to attend. ~~Pastor Yates

<u>DEACONS MINISTRY MEETINGS</u>: The Union Baptist Church Deacons Ministry will meet on Monday, January 16<sup>th</sup> and February 6<sup>th</sup> at 7:00 p.m. in the sanctuary. Have your monthly Ward Family Reports ready.

~~~Pastor Yates

THANK YOU ACKNOWLEDGEMENTS

Greetings in Jesus' Name!

Dear Union Baptist Church and Pastor Orlando Yates,

We witnessed Richard Spratley's daughter, Kylah's confession of faith by baptism!!! With rejoicing holy angels, we also rejoiced in being at Union Baptist! Thank you as well for the lovely gift bags! We shall be like Him! Nate Robinson and his mom. God bless you, **Sis. Myrtle T. Bailey**

Dear Pastor Yates and the Union Baptist Family,

We are truly grateful for your prayers, presence, and expressions of kindness extended to our family in the homegoing of our mother and sister, Sylvia Renee Ridgeway. We love you and pray that God will continue to bless each of you.

With sincere appreciation,

The Ridgeway family (Jason, Lemar, Yvonne, Linda, Laura and Robert)

A heartfelt thank you is extended to Pastor Yates and Union Baptist Church family for the warm condolences given to us in memory of our beloved one, Bro. Joseph Thomas Dawson. God Bless You Always.

The Dawson / Norman family

CONGRATULATIONS TO UNION'S MARRIED COUPLES

The following couples had their vows renewed by Pastor Yates during the annual marriage renewal ceremony at the 10:20 a.m. worship celebration on Sunday, December 11, 2016: **Deacon Crawford** and **Sis. Deborah Cobb** (4 years); **Reverend Alvin** and **Sis. Kim Wyatt** (12 years); **Bro. Freddie** and **Jaci Powell** (23 years); **Bro. Edward** and **Lyda Phillips** (15 years); **Reverend Emanuel** and **Sis. Toni Marshall** (28 years); **Deacon Willie** and **Sis. Gwen Hall** (40 years); **Reverend Barry** and **Sis. Keisha Hixson** (5 years).

Congratulations to Mr. and Mrs. Scott Bryant! Bro. Scott and Sis. Felicia Mazion exchanged their vows before their family and UBC congregation during worship services on Sunday, December 11, 2016.

Congratulations to Mr. and Mrs. Richard Spratley! Bro. Richard and Sis. Raven Jackson exchanged their marriage vows on Saturday, January 7, 2017.

INFORMATION & ANNOUNCEMENTS FOR

SUNDAY, JANUARY 8, 2017 (continued)

MESSAGE FROM THE SUNDAY SCHOOL SUPERINTENDENT

Happy New Year Union:

I would like to thank you for your support for the first year of combined adult Sunday School classes during 2016. We will continue with the combined adult class each second Sunday of the month during 2017. Our adult teachers are looking forward to teaching classes this coming year, as am I. I pray that all adults will make a commitment to attend the adult class(es) this year. Also, I am praying that our teens, and children will be attending Sunday School on a regular basis as well. I look forward to seeing the congregation as a whole participate in our Sunday School services throughout 2017.

God bless. Deacon Ernest Norman/Superintendent

UNION BAPTIST CHURCH WOMEN'S MINISTRY

Union Baptist Church Women's Ministry would like to give thanks to the Vessels of Praise Dance Ministry, under the direction of Carol Cargile and Tristan Cargile, for their work during the last quarter of 2016. They were able to minister at the Voices of the Overcomers Awards Ceremony, held Oct. 29, 2016. The event was sponsored by ConCepts and celebrated those who have faced monumental health challenges, and crises, but fought back to victory. The ministry also ministered at Fifth Christian Church.

The Women's Ministry held outreach activities at Matthew 25 where we helped to prepare for a holiday party for children. The Ministry also brought a little holiday joy to the residents of the Lincoln Crawford Nursing Home, Oak Pavilion Nursing Home, Dual Manor Nursing Home and Washington Nursing Home with Christmas Caroling and Praise Dancing.

Book Study will begin in March 2017. The book selected is A Mary's Heart in a Martha's World.

The next Matthew 25 Ministry Event will be February 11, 2017 at 11:00 a.m.

Sis. Louise Stevenson and Sis. Rogena Stargel, Ministry Leaders



INFORMATION & ANNOUNCEMENTS FOR

SUNDAY, JANUARY 8, 2017 (continued)

VOLUNTEER OPPORTUNITIES

Bethany House Services: Bethany House Services addresses the needs of homeless and at-risk women and children through direct service and systematic change initiatives, e.g., Greater Cincinnati Coalition for the Homeless, COHHIO, Strategies to End Homelessness, Upspring, Continuum of Care, and Project Connect. Bethany House Services is an agency of United Way. UBC volunteers at Bethany House include Deacon Willie Hall, Sr., Sis. Gwendolyn Hall, Sis. Portia Fuller Bro. Winford Taylor, Sis. Kesha Hixon, Sis. Yvonne Fairbanks, Sis. Carolyn Davis, Sis. Kathy Spratley, Sis. Tasje' Hall and Bro. Emir Carter. We applaud all of our members for their labor of outreach and love. More families than ever need the services that are offered by Bethany House. If you have extra time, please consider this worthy volunteer opportunity.

<u>Matthew 25 Ministries:</u> Opportunities are also available to volunteer at Matthew 25 Ministries from 11 a.m. to 1:00 p.m. on the second Saturday on February 11, 2017; April 8, 2017; June 10, 2017; August 12, 2017; October 14, 2017; and December 9, 2017. See Sis. Doris Walker, Women's Ministry, for additional information.

FOOD PANTRY: The Food Pantry Ministry distributed **72 Thanksgiving baskets** on November 22, 2016 and **served 32 families** on December 15, 2016.

TICKETS ARE AVAILABLE FOR THE DR. MARTIN LUTHER KING BREAKFAST ON JANUARY 16,

<u>2017</u>: The annual Dr. Martin Luther King breakfast will be held at the National Underground Railroad Freedom Center on January 16th from 8:00 am to 10:30 am. Union Baptist Church has reserved a table. Tickets are \$35. Please see Sis. Portia Fuller for tickets or if you have any questions.

<u>DID YOU KNOW:</u> "I Have a Dream" is a public speech delivered by American civil rights activist, Dr. Martin Luther King Jr. during the March on Washington for Jobs and Freedom on August 28, 1963, in which he calls for an end to racism in the United States and called for civil and economic rights. Delivered to over 250,000 civil rights supporters from the steps of the Lincoln Memorial in Washington, D.C., the speech was a defining moment of the American Civil Rights Movement.

From Wikipedia, the free encyclopedia



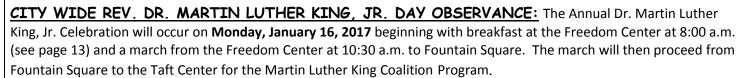
INFORMATION & ANNOUNCEMENTS FOR SUNDAY, JANUARY 8, 2017 (continued)

JANUARY IS "WORSHIPPING JESUS CHRIST ONLY, ALWAYS" MONTH

IMPORTANT DATES FOR THE MONTH OF JANUARY

FIRST QUARTERLY CHURCH LEADERSHIP COUNCIL MEETING: will be held on Tuesday, January 10, 2017 at 7:00 p.m.

<u>A SPECIAL TRIBUTE TO REV. DR. MARTIN LUTHER KING, JR.</u>: will be held during the 10:20 a.m. worship service on **Sunday, January 15, 2017**.



TRUSTEE BOARD MINISTRY MEETING: will be held on Monday, January 16, 2017 at 7:00 p.m.

FIRST QUARTERLY OFFICIAL BOARD MEETING: will be held on Monday, January 23, 2017 at 6:00 p.m.

FIRST QUARTERLY CHURCH CONFERENCE: will be held on Friday, January 27, 2017 at 7:00 p.m.

Five Interesting Facts About Dr. Martin Luther King, Jr.

1. Dr. Martin Luther King, Jr. didn't just become the leader of the Civil Rights movement: He helped to start it.

In response to Rosa Parks' famous refusal to give up her seat on a bus for a white passenger, Dr. King led the black community in Montgomery, Alabama, in the first nonviolent civil rights demonstration in the United States in 1955. Their bus boycott lasted for 382 days (that's more than a year of finding another way to get to work!), until the United States Supreme Court ruled that laws segregating buses were unconstitutional.

2. In his efforts to fight segregation and inequality, Dr. King traveled more than six million miles and spoke more than 2,500 times.

As he noted in his famous "Letter from a Birmingham Jail" (read the full text) King served as president of the Southern Christian Leadership Conference, which had more than 80 affiliated organizations throughout the South. Why not just telephone, instead of constantly being on the road? "I cannot sit idly by in Atlanta and not be concerned about what happens in Birmingham," King wrote. "Injustice anywhere is a threat to justice everywhere."

3. He was a preacher, an orator, a community organizer—and a dad.

Dr. Martin Luther King, Jr. and his wife Coretta Scott King had four children: Yolanda Denise, Martin Luther III, Dexter Scott and Bernice Albertine. He gave them a beautiful shout-out in his famous "I Have A Dream" speech: "I have a dream that my four little children will one day live in a nation where they will not be judged by the color of their skin, but by the content of their character."

4. Dr. King didn't just focus on civil rights.

In 1966, he began a campaign against poverty and urban inequality. A follower of Gandhi's non-violent principles, King also objected to the United States' participation in the Vietnam War. And it was his support of a sanitation workers' strike that took him to Memphis, Tennessee, where he was assassinated on April 4, 1968.

5. Dr. King is the only non-president with a national holiday in his honor.

WIKIMEDIA COMMONS





FEBRUARY IS "BLACK HISTORY OBSERVANCE" MONTH

Black History Month began as "Negro History Week," which was created in 1926 by Carter G. Woodson, a noted African American historian, scholar, educator, and publisher. It became a month-long celebration in 1976. The month of February was chosen to coincide with the birthdays of Frederick Douglass and Abraham Lincoln.

IMPORTANT DATES FOR THE MONTH OF FEBRUARY

SUNDAY, FEBRUARY 7, 2016: A Black History tribute by the Mahala Saunders Library Ministry will occur during the 10:20 a.m. worship service.

<u>SUNDAY</u>, <u>FEBRUARY 12</u>, <u>2017</u>: "Go Red Sunday" (Health and Wellness Initiative) - all members are encouraged to wear red attire to support the American Heart Association. A Black History tribute by the Mahala Saunders Library Ministry will also occur during the 10:20 a.m. worship service.

<u>SUNDAY</u>, <u>FEBRUARY 19</u>, <u>2017</u>: A Black History tribute by the Mahala Saunders Library Ministry will occur during the 10:20 a.m. worship service.

TRUSTEE BOARD MINISTRY MEETING: will be held on Monday, February 20, 2017 at 7:00 p.m.

<u>SUNDAY</u>, <u>FEBRUARY 26</u>, <u>2017</u>: UBC African Heritage Apparel Sunday Observance. A Black History tribute by the Mahala Saunders Library Ministry will also occur during the 10:20 a.m. worship service.

FAMOUS AFRICAN AMERICAN QUOTES

| The man who views the world at 50 the same as he did at 20 has wasted 30 years of h | his life. ~~~ Muhammad Ali |
|---|----------------------------|
| | |
| A sure way for one to lift himself up is by helping to lift someone else. | Booker T. Washington |

I glory in conflict that I may hereafter exult in victory. ~~~ Frederick Douglas

Courage may be the most important of all virtues, because without it one cannot practice any other virtue with consistency.
~~~ Maya Angelou

I am especially glad of the divine gift of laugher; it has made the world human and loveable, despite all its pain and wrong.

~~~ W. E. Dubois

People see God every day; they just don't recognize him. ~~~ Pearl Bailey

•

<u>IMPORTANT NOTICE</u>: All members are asked to be mindful that no one should be in the **church building between the hours of 11 p.m. to 7 a.m.** due to security reasons. Any necessary exceptions should be coordinated and approved by Dea. Crawford Cobb, Chairman of Property and Space, at least one week in advance. God's blessings to each of you from the Trustee Board Ministry. ~~Dr. Carolyn Turner, Ministry Leader

<u>MEMORIAL RECOGNITION TREE:</u> Anyone who is interested in adding a leaf to the Recognition Tree, please see Sis. Doris Blaine-Smith or Sis. Faye Shirley. Thank You!

<u>UNION BAPTIST'S EMAIL ADDRESS</u>: The church has an email address for all ministry announcements. Please send all forms of communications (church announcements, flyers, upcoming events, etc.) to <u>unioncincinnati@gmail.com</u>. Thank you!

REMINDER FOR DEADLINE FOR CHURCH ANNOUNCEMENTS: The deadline for Church Announcements for the March-April 2017 Newsletter is on the third Monday, February 20th, by 5:00 P.M. Requests for announcements should be e-mailed in care of Sis. Shirley Norman, Public Relations Ministry Leader, at Union's email address: unioncincinnati@gmail.com. Please note "Sis. Norman – Announcement" on the subject line. Please note: any announcements received after the deadline date will be included in the May-June newsletter.

<u>UNION BAPTIST CHURCH OF CINCINNATI WEBSITE:</u> Please visit our website (www.union-baptist.net) which is both informative and interactive for those who are seeking the Will of God in their lives. On our website, you will see upcoming events; evangelistic missions inclusive for men, women and children; discipleship opportunities for building God's kingdom; exploratory devotional links for personal spiritual growth; and, community connections that have demonstrated, in the past, and continue to demonstrate, the POWER OF GOD throughout the Greater Cincinnati area, and beyond.

<u>UNION BAPTIST CHURCH RADIO BROADCASTS</u>: You can now also listen to the Union Baptist broadcast on WCVG 1320 every Saturday from 8:00 am to 9:30 am through live stream radio by connecting to the Union Baptist Church website at www.union-baptist.net

<u>UNION BAPTIST CHURCH IS NOW ON FACEBOOK:</u> The official Union Baptist Facebook is also linked to the Union Baptist Church of Cincinnati website at www.union-baptist.net.

<u>UNION BAPTIST WI-FI SETTINGS CHANGE:</u> The settings of the wireless router (Wi-Fi) settings have been changed as of October 21, 2016.

<u>CHURCH OFFICE CLOSED IN OBSERVANCE OF HOLIDAYS:</u> Monday, **January 16, 2017** (Dr. Martin Luther King Jr.'s Birthday) and Monday, **February 13, 2017** (President's Day).

<u>CHURCH VOLUNTEERS NEEDED</u>: Opportunities for anyone interested in volunteering in the church office or other areas of the church are still available. Please contact Bro. Dale McAllister, Executive Church Administrator. Thank you.

<u>UBC MEMBERSHIP DATA FORM:</u> All members who have not completed their updated UBC Membership Form, are urged to complete and provide your updated information, including, any name change; your current home address; your home, cell and work telephone numbers; a number where you may be reached in case of an emergency; and, an emergency contact person, etc. Membership Data Forms are available in the wall receptacle near the church office. When you have completed your form, please give to **Sis. Gwendolyn Hall**, Church Office Receptionist. Thank You.

THE CITY GOSPEL MISSION OUTREACH MINISTRY: The schedule of the longstanding participation of Union Baptist Church Ministers began with Reverend Shawn D. Pate, is as follows:

January 28, 2017 Reverend Alvin Wyatt Preaching at 7:30 p.m.

February 25, 2017 Reverend Emanuel Marshall Preaching at 7:30 p.m.

March 25, 2017 Reverend Barry Hixon, Jr. Preaching at 7:30 p.m.

Union is asked to pray for and support, in every way possible, our Associate Ministers as they serve at City Gospel Mission. Thank You. ~~Pastor Yates.



I'M DRINKING FROM MY SAUCER

(Meditate on this when tempted to complain.)

I've never made a fortune, and it's probably too late now, But I don't worry about that much, I'm happy anyhow.

As I go along life's journey, I'm reaping better than I sowed. I'm drinking from my saucer, 'cause

my cup has overflowed.

I ain't got a lot of riches, and sometime the going's tough, But I've got a family who love me, and that makes me rich enough.

I just thank God for His blessings, and the mercies He's bestowed, I'm drinking from my saucer, 'cause my cup has overflowed.

There were times when things went wrong, and my faith got a little thin, Then all at once the dark clouds broke, the sun peaked through again.

So Lord don't let me gripe, about the tough rows that I hoed, I'm drinking from my saucer, 'cause my cup has overflowed.

If God gives me courage, when the way grows steep and rough, I'll not ask for other blessings, I'm already blessed enough. And may I never be too busy, to help another bare his load, I'm drinking from my saucer, 'cause my cup has overflowed.

by John Paul Moore



Summer Food & Enrichment Program Committees

PURPOSE

The purpose of the Summer Food and Enrichment Program (SFEP) is to provide extended-year education to prevent summer learning loss. Our academic enrichment program provides instruction on language arts, mathematics, nutrition, fine arts. and more. The program is designed to teach social skills and character development. Learning opportunities occur both onsite and in the community at various venues. The program also provides two healthy meals and a snack daily, as well as power-pack weekend meals to all program participants.

Please sign up to be on one of the planning committees

Next Meetings: Tuesday, 1/17/17 & 2/21/17 5:30 pm at Union Baptist Church

- Curriculum
- Recruitment: Staff, Students, & Volunteers
- Marketing
- Publicity
- Finances
- Outings/Transportation
- Donations
- Fundraiser

Thank you volunteers thus far:

Union Baptist: Louise Stallworth and Louise Stevenson

Peoples Church: Elizabeth Garmon, Flore Ngue, Allana Tolbert,

and Matthew Williams



What?

Meals, activities and snacks

Who?

For persons ages 1 – 18 years Breakfast and Lunch

For children ages 5 -12 Meals, activities and snacks

Visit our websites: www.theunionfoundation.org and www.union-baptist.net

For more information call Annette I. Bell, R.D., L.D. at (513) 981-0421



In Existence Since June 23, 1996

2017 Initiatives SAVE THE DATES

February 12, Union Baptist Church *Go Red Sunday*, Chairperson: Annette I. Bell, Ministry Leader March 11, *Go Red Book Scholarship Extravaganza*, Place and Time to be determined (TBD)

March 18, Adult, Infant, CPR, AED, First Aid Certification Training, Place and Time TBD

April 8, Minority Health Month Kick-off Screening Event. 10 am—2 pm,

Place: Community Matters, 2110 Saint Michael Street Cincinnati, OH 45204

Mondays April 10, 17, 24—Daniel Plan Workshop and Exercise, 6 pm—8 pm. Place: Community

Matters, 3rd floor Classroom, 2104 Saint Michael Street, Cincinnati, OH 45204

In Partnership with: The Union Foundation, Chairperson: Annette I. Bell, Ministry Leader

Every Sunday in April—Alcohol Awareness Month. In Partnership with: The Substance Abuse

Recovery and Prevention Ministry Chairperson: Phyllis Matthews, Ministry Member

May 5th & 6th Flying Pig Marathon/Walk, Place TBD

September 10, Sickle Cell Awarness Sunday

September, Refresh Retreat Date & Time: TBD , Place: TBD. **In Partnership with**: the Women's Ministry and Sister Toni Marshall

September 23, Mammogram Van coming, Place and Time TBD

October, Recovery Worship Month. Details To Be Announced. In Partnership with the Substance Abuse Recovery and Prevention Ministry. Co-Chairperson: Phyllis Matthews, Ministry Member

October 8, Think Pink Sunday

October 28, American Cancer Society Making Strides Walk, 8 am Registration, Place TBD November 4—Diabetes Walk, 8 am Registration, Place TBD

Union Baptist Church, Health and Wellness Ministry

405 West Seventh Street

Cincinnati, Ohio 45202

Reverend Dr. Orlando B. Yates, Pastor

Annette I. Bell, Leader

Renita Foster, Co-Leader

Dr. Raven Jackson, Co-Leader

Phone: 513-381-3858 Fax: 513-381-1635

Prayer Help Line: 513-981-0424 Transportation: 513-981-0423 website: www.union-baptist.net

"Dear friend, I pray that you may enjoy good health and that all go well with you, even as your soul is getting along well." (3 John 2, NIV)

For Minority Health Month, April 2017, FREE

April 8, 2017 Kick off Event -HEALTH SCREENINGS AND MORE!

10 AM-2 PM

Community Matters
2110 Saint Michael Street
Cincinnati, OH 45204

Last 3 Mondays in April 2017—
Daniel Plan Workshop, Exercise and Food Demonstrations.

6 pm-8 pm

Community Matters

3rd floor Classroom

2104 Saint Michael Street

Cincinnati, OH 45204

April 10-Faith: Gaining Self-

Confidence AND-Food:

Abundance not Deprivation

April 17— Fitness: Strengthening

Your Body AND Focus

April 24-Friends, Renewal and

Encouragement: Obtaining the

keys to long-term sustainable

change.

"Funded by the Ohio Commission on Minority Health"

The Union Foundation

405 West Seventh Street Cincinnati, OH 45203

Phone: 513-981-0421

Fax: 513-381-1635

www.theunionfoundation.org



FREE

GETTING
YOUR HEALTH
IN ORDER,
Screening & Workshops
April 8, 10, 17 & 24,
2017



Telephone: 513-981-0421

Planned Activities

Saturday, April 8th, 10 am—2 pm-Jump Start Kick Off. FREE AND OPEN TO THE PUBLIC HEALTH SCREENING: To include Mammogram, Prostate, Blood Glucose (nonfasting), Cholesterol and Triglyceride, Blood Pressure, Height and Weight. CALL 513-981-0421 in advance to schedule your Mammogram/ Prostate screening.



Mondays during the month of April 2017, 6 pm—8 pm, The Daniel Plan Workshops. Participants will receive practical tools they can use during the month and beyond. Exercises and healthy food demonstrations will also be conducted.

Call 513-981-0421 to sign up for the workshops.

Monday's Activities

April 10th — Session 1: Faith - Gaining Self-Confidence. Participants will be introduced to the Essentials of the Daniel Plan, focusing on Faith that they can have self-confidence to make positive lifestyle changes. Food - Abundance not Deprivation. Participants will learn that eating well is not complicated, by learning to choose real foods and avoid processed products in order to experience the healing of good nutrition.

April 17th — Session 2: Fitness - Strengthening Your Body. Participants will talk not just about the benefits of exercise but about how to get motivated and find movement they enjoy. Focus—Participants will be offered specific steps to improve their focus, the key to long-term sustainable change.

Monday's Activities Continued

April 24th — Session 3: Friends, Renewal and Encouragement. All participants will be buddied up. Together with friends, participants will have the support and encouragement they need to succeed.



We thank Community Matters for the use of their facilities and all our vendors/ volunteers in advance for their community support.

The Union Foundation

405 West Seventh Street Cincinnati, OH 45203

Phone: 513-981-0421 Fax: 513-381-1635

www.theunionfoundation.org



TruthSeekers Small Care Group

The members of the Small Care Group "TruthSeekers" meet every Monday from 6:00 – 7:15 pm in the Avondale Branch Public Library to study God's word and grow through the five purposes of the church, worship, fellowship, discipleship, ministry and evangelism. Please feel free to join us as we learn about God's Word and how to become more Christ like.

"I am praying not only for these disciples but also for all who will ever believe in me through their message. I pray that they will all be one, just as you and I are one—as you are in me, Father, and I am in you. And may they be in us so that the world will believe you sent me." (John 17:20, 21)

For more information, please contact our ministry leader, Rev. Shawn Pate

Union Baptist Church 405 W 7th Street Cincinnati, OH 45203 (513) 381-3853

Rev. Dr. Orlando B. Yates, Pastor

Rev. Shawn Pate, Minister of Small Care Groups

unioncincinnati@gmail.com