



Union Baptist Church of Cincinnati  
405 West Seventh Street  
Cincinnati, OH 45203  
(513) 381-3858  
[www.union-baptist.net](http://www.union-baptist.net)  
Rev. Dr. Orlando Yates, Pastor

## AN EFFECTIVE PRAYER LIFE

***“Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your request to God***

***Philippians 4:6 (NIV)***

**Of all the Christian disciplines prayer is the most commonly practiced and the least understood. Prayer should not be regarded as a life jacket in desperate times or as a wish list.**

**We begin by establishing a relationship of prayer with God. Develop an understanding of the living Christ, study His Word and meditate on His presence.**

**Thank and praise God for the privilege of prayer, and then cast all your cares, fears, problems and requests on Him and ask Him to grant you what He knows you need, as well as the grace to handle any situation that might arise. If you do this, God’s plan will soon begin to unfold in your life. AMEN.**

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***You grant us more than we could ever ask for. We always have the blessed assurance of Your love and know that Your promises hold good. Amen.***

Grace For Today

*“And Jesus came and spake unto them, saying, All power is given unto me in heaven and in earth. Go ye therefore, and teach all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Ghost: Teaching them to observe all things whatsoever I have commanded you: and, lo, I am with you always, even unto the end of the world. Amen.” Matthew 28:18 – 20*

