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## GOD ENABLES YOU TO CONTROL YOUR THOUGHTS

*“You will keep in perfect peace him whose mind is  
Steadfast, because he trusts in You.”*

**Isaiah 26:3 (NIV)**

**Your thoughts are your servant.** Your thoughts influence your deeds because what you think and believe is the result of your circumstances. **It is therefore imperative to discipline your thoughts in order to have a positive and constructive disposition towards life.**

**The greatest force** in a healthy and emotional life is **allowing the Holy Spirit to take control** of your thoughts. You can, through the strength that **Christ grants you, control your thoughts**, and in doing so, experience the peace of God. There will be moments of disruption when **evil thoughts** will try to re-establish themselves, but if you **focus on God and give Him Control**, nothing will destroy your peace. **Amen.**

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*You are my only Savior. Help me to trust in  
God as my shield against the Evil One. Amen.*

Grace For Today

*“And Jesus came and spake unto them, saying, All power is given unto me in heaven and in earth. Go ye therefore, and teach all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Ghost: Teaching them to observe all things whatsoever I have commanded you: and, lo, I am with you always, even unto the end of the world. Amen.” Matthew 28:18 – 20*

