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Put the Needs of Others Before Your Own

“Blessed are the meek, for they will inherit the earth:” Matthew 5:5(KJV)

The sixth most important words are “Forgive me Lord, I was wrong.” The fifth most important words are “I’m so glad I’m forgiven.” The fourth most important words are “Keep on, keeping on.” The third most important words are “I love you.” The second most important words are “Thank you.” The least important word is “Mine.”

How important are our words, our speech, and our daily conversations? Your words can make you or break you. Choose them wisely and let them be simple phrases full of humility, for only the humble can truly learn. “Humble yourselves therefore under the mighty hand of God, that He may exalt you in due time”- 1 Peter 5:6. Practice makes perfect, so begin to exercise your freedom to change your mind and be transformed. Admitting that you are wrong turns failure to success, confusion to peace. Realizing you are forgiven gives you freedom to carry on and opens the door to creative energy and joy.

So many people hold grudges their whole life. They don’t forgive and forget. They don’t realize that if one buries the hatchet, one shouldn’t leave the handle sticking out. When all the hand-ups are gone, we are free to pursue our dreams and goals, prayerfully persisting onward. In our dealing with mankind our motivation must be divine love. This comes only by yielding yourself through God. It is He who will love through you, and in expressing it genuinely, we become undefeatable. Saying “thank you” is next to saying “I love and appreciate you.” This restores harmony and clears the way for greater achievement. Let us forget the small world of self. We must not live in the realm of “me” or “mine,” coveting all for our own satisfaction, for that kind of satisfaction never really remains.

I once heard a powerful story of a man who was escorted by an angel down into hell. There, the man saw a round table with a big bowl of delicious food in the middle of it. Sitting around the table were people who were holding three-foot-long spoons in their hands. They were wretched, skeletal, and starving, because the spoons were long enough to reach the food, but too long to put the food in their mouths. In anger and frustration, they tried desperately to feed themselves. The man turned his back on their torment, shaking his head. Then, the angel escorted him up to heaven.

There, he saw an identical table and the mouthwatering bowl of food in the center. Again, there were three foot long golden spoons. But the people around the table were glowing with health and joy, and dazzling light, laughter, and song filled the room. In great love, they were feeding each other. This is the only secret to true happiness and what our Lord came to show us: “Love your neighbor as much as you love and care for yourself and do to others what you would have them do to you.” Doing kind deeds for others and extending a warm, loving hand will be a lasting joy.

It is so happy to love. Look around you and treat yourself to the greatest joy in life, which is doing some little thing for someone else and saying, “God told me to do this for you.” Precious readers, I extend my golden spoon out to you today, filled with the honey of God’s love and wisdom that He has fed my heart. It is my great joy to know it will fill you with the secret of the only true success in life.

A New You – Words to Soothe the Mind, Body, and Spirit
Catherine Galasso-Vigorito

“And Jesus came and spake unto them, saying, All power is given unto me in heaven and in earth. Go ye therefore, and teach all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Ghost: Teaching them to observe all things whatsoever I have commanded you: and, lo, I am with you always, even unto the end of the world. Amen.” Matthew 28:18 – 20

