



Union Baptist Church of Cincinnati  
405 West Seventh Street  
Cincinnati, OH 45203  
(513) 381-3858  
[www.union-baptist.net](http://www.union-baptist.net)  
Rev. Dr. Orlando Yates, Pastor

## Christian Requirements

**“For by grace you have been saved through faith; and that not of yourselves, it is the gift of God; and not as a result of works that no one should boast.”  
-Ephesians 2:8,9**

Several years ago a young college student asked, “How much beer can I drink and still be a Christian?” Others have asked:

- How long should I read by Bible each day?
- How long should I pray each day?
- How much money do I have to give to the church?
- Do I have to sing in the choir to be a good Christian?
- How many times a week must I be in church?
- Do I have to \_\_\_\_\_? \_\_\_\_\_? \_\_\_\_\_?

And the list goes on and on. We all want to know what the “minimum daily adult requirement” is for being a Christian. What do we really have to do, day-by-day, to get by?

Christ has freed us freed us from bondage to minimum daily adult requirements! Our relationship with the Lord Jesus is not contingent on works; it is a gift of grace.

“So” you ask, “does that mean I don’t have to do anything as a Christian? Aren’t there any requirements?” The Scriptures challenge us to be like Christ, and if we are to do that we need to open the Bible and learn how Jesus lived. When we do, we see that Jesus

- Studied God’s Word
- Spent time with believers
- Prayed regularly
- Served those around Him

Christ did not perform these acts because He was told to do them; He did them because He *wanted* to do them.

What is your minimum daily adult requirement when it comes to your spiritual health? It will be determined by love. Let your loving God guide you as you dedicate yourself to growing in the Lord. AMEN.

~Bob Barnes

*“And Jesus came and spake unto them, saying, All power is given unto me in heaven and in earth. Go ye therefore, and teach all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Ghost: Teaching them to observe all things whatsoever I have commanded you: and, lo, I am with you always, even unto the end of the world. Amen.” Matthew 28:18 – 20*

